

Pesticides Law Now In Effect

New York State's stringent restrictions on pesticides, including a complete ban on DDT and nine other persistent pesticides went into effect January 1, 1971 under regulations announced by Department of Environmental Conservation Commissioner Henry L. Diamond.

The regulations implement legislation enacted last year and signed by Governor Rockefeller. The regulations and the list of ten banned and 62 "restricted use" pesticides were developed following a series of public hearings held throughout the state last summer. The regulations have three main effects. They:

- totally ban the use of ten persistent pesticides, including DDT;
- forbid the sale and distribution of the 62 restricted pesticides unless the seller holds a "commercial permit" issued by the Department of Environmental Conservation;
- forbid the sale of any of the 62 restricted pesticides which carry a "skull and crossbones" poison warning except to persons with a "purchase permit" issued by the Department.

According to the regulations, supplies of restricted pesticides — other than those totally banned — on hand in the State as of December 31, 1970, may be used by any person within the State until December 31, 1971.

Though the ten banned pesticides may not be bought, sold or used, persons who already possess them may hold them in storage during 1971, according to the regulations.

The ten banned pesticides are: Bandane, BHC, DDD, DDT, Endrin, mercury compounds, selenites and selenates, sodium fluoracetate, Strobane and Toxaphene.

"We advise consumers to store the banned pesticides carefully in a dry place out of the reach of children," Commissioner Diamond commented. "Keep the material in its original container, and make sure it remains clearly labeled."

Current stocks of the "skull and crossbones" pesticides may be legally used by anyone during 1971 but new supplies may be bought only by holders of purchase per-

Conservation News

REFORESTATION

Since 1880, when agricultural land in New York State was at its peak, there has been a steady reversion of farm land to forest land. As soon as land is no longer used for farming, Mother Nature starts the process, though it may take many years. First plants like goldenrod take over, followed by berry bushes, thornapple and eventually timber-producing trees. During this extended idle period, the main economic return to the owner and community is in open-land recreational value.

The main crop that most of this land can produce is timber, and in this, man can give nature a real hand by reforesting land with appropriate types of conifers. Properly done, this will also speed up and enhance the recreational value of the property at the same time.

The community will also benefit from the soil and water quality of a reforested area. During storms branches break the force of the rain so that it drops gently to the ground. There the mat of needles hold it so it has the opportunity to soak into the soil, and roots hold soil security in place.

Less well understood is their flood control value in early spring. Snow held under the evergreen plantations does not melt as fast, delaying its entry into streams until other snow has disappeared. Snow in open hardwoods melts between open country snow and that in plantations. A watershed with a good mixture of open land, hardwood forest and brushlot and conifer plantations, is less likely to have floods than one with extensive acreage of one type of ground cover.

One fact often overlooked by people planting trees is that they must be gardened just like other plants if they are to produce their maximum. Weeding and thinning

mits. "Though it is legal to use these 'skull and crossbones' materials I advise homeowners to avoid using them, especially if there are children about," Commissioner Diamond said.

instead of being a weekly affair however, must be done every decade or so. Your pine trees need living room to grow, just as do your carrots.

Evergreen plantations can create good protective cover for wildlife from both winter and their enemies. Small plantings on unproductive parts of otherwise good farms are of particular value, for under modern agricultural conditions this type of cover is often a limiting factor in wildlife populations.

The rural resident whose land is not being actively farmed can put his land to good economic use by planting a few acres to evergreens each year.

Though planting is a springtime operation, planning and ordering should be done now. Not every conifer will grow on every site. To insure that proper trees are selected for the area to be planted, a Department of Environmental Conservation forester should be consulted. The landowner who has not discussed his woodland problems with one of these professionals may find that the forester can give him a surprising amount of technical aid through the Forest Practice Act program.

Application for seedlings may be obtained from any of the Department's Forest District offices, or may be picked up locally from the County Agricultural Extension Agents County Soil and Water Conservation Services office or County Agricultural Stabilization and Con-

servation Service office. Conifers raised at State nurseries, are available in lots of 1,000 for \$10. They are for use only as reforestation, including Christmas tree production, and may not be dug for later use as ornamentals. More than 15 million were distributed last year.

The back-breaking task of planting often discourages the rural resident from undertaking reforestation. In most areas there are competent tree planters who will do the job on contract. Department foresters can assist landown-

ers in contracting reliable contractors. County Agricultural Stabilization and Conservation Service programs are also available which can help defray the cost of reforestation plantings and later management.



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Comments from the Capital —

QUIPS, QUANDARIES AND QUERIES

by Vant Neff



Timely tip to salad lovers: If you find that the price of a head of lettuce or a bunch of asparagus has nearly doubled recently, who's to blame? You may call Cesar Chavez, farm workers' union organizer, and the Teamsters' Union, the culprits. Because out in Salinas Valley, California, known as "America's salad bowl", these two strong labor opportunists are battling over which one of them will represent the lettuce lady. Result? The crops remained unharvested. Produce prices soared. As in so many situations where organized labor rides roughshod over the interests of the ordinary man—nobody has bothered to consult the farm workers at all. It seems to me that every time there's a contest over who will rule in union disputes, it's the little man—you and I—who pays.

It's bandied about at the Overseas Press Club that The New York Times' slogan should be updated to read, "All The News That's Left To Print!"

Controversial question: Where was the National Labor Relations Board when a union picketed 169 different Sears Roebuck locations carrying signs and placards that read, "WORKERS OF SEARS ON STRIKE FOR UNFAIR LABOR PRACTICES"? Napping? In truth, no Sears employees were on strike. Sears had committed no unfair labor practices. Yet two years dragged before the NLRB got the matter settled and squared away. Almost unthinkingly this supposedly impartial board rules in favor of the unions. A company like Sears might be able to survive prolonged picketing but it could easily ruin a small company. Heaven help the small business man—because the NLRB won't.

Wherever there's another anti-United States demonstration in the world it is the Communists who direct it. From my travels far and wide I can assure you that the average man-in-the-street—whether Turk, Japanese, Indian, Yugoslav, or dozens of other nationalities—truly admires America. It is his dearest wish to come to our free country. So don't hold the demonstrations against him. Rather, you will find that it is usually Moscow money

planted in trained cadres of militants that starts a new wave of anti-Americanism.

The spirit of the Women's Lib is taking over the male union member. If you think that some union demands are outlandish, this one takes the cake. Believe it or not, a paper workers' union, composed of sturdy, hardy males, is seeking maternity leave for the men. Not merely a day or a week, but four long months so that the new daddies can keep house while the mother attends to the baby. True, it's far-fetched, but hardly more so than some of the other blue-sky demands currently being made by unions. Considering the powerful weapons organized labor has at hand to win almost any demand, it wouldn't be too surprising to see a new breed of "male housekeeper"—a union-created mon-

icans. May I please ask by what right does this tiny minority degrade the image of our fine Black citizens and claim to represent the rest of their race?

A note to our freedom-seeking radicals: There are no foreign newspapers or magazines on the newsstands in Prague. And if that isn't sufficient indication that the word "freedom" has been eradicated from the Communists' vocabulary, Anton Vasek, Czechoslovakian ambassador to Denmark, defected rather than return to the "People's Paradise".

Merry Madcap Martha (Mrs. Mitchell, wife of the U. S. Attorney General) may not be a favorite of yours. But you must admit that the chatty Mrs. M. has a point when she fires her furious barrages of criticism at those she considers responsible for our country's problems. I don't agree with everything she says. However, when all the dissidents and trouble-makers are allowed to have their say on any subject why shouldn't Mrs. Mitchell be accorded the same privilege?

- Whatever happened to:
- The Great Society? (It was a slogan, not a program. It died of boredom.)
 - The War on Poverty? (It was so inordinately expensive that it almost ate us out of house, home and country, and poverty is still with us.)
 - The Ban-the-Bomb movement? (The Russians got their own bomb—and suddenly, the leftists stopped all mention of it.)
 - The five-cent candy bar? (Inflation gobbled it up.)
 - The dedicated politician? (He was shoved into oblivion by the self-promoting, charismatic type, who promise Heaven-on-earth with "Federal" money that only comes out of your pocket and mine.)
 - The polite youngster? (He was over-shadowed in the mass media by the parasites of the "permissive society"—and are some of their parents red-faced now?)
 - The labor leader who really cared about the workers? (He got lost in the scramble for power that created some of the most critical situations that working Americans have ever known.)



ster—come into being fairly soon. But to my mind, this is only further evidence of the excessive economic and political power of the labor movement. In this instance, it has gone so far beyond benefitting the working man that it borders on the ridiculous.

Which came first—the wage hike, or the price spiral? Something's got to give, to bring galloping inflation to a halt!

Raids on Black Panther headquarters in various places usually reveal a hidden cache of dynamite, guns and other killer kits. The Panthers are openly dedicated to bombing, burning, churning up existing standards and values. Numerically speaking there are only a handful of them—a mere 900 hard-core Black Panthers out of a total twenty-two million Black Amer-

Doctor in the Kitchen®

by Laurence M. Hursh, M.D.
Consultant, National Dairy Council

NUTRITION A LA CARTE

- Carbohydrates are the economical source of human energy and this explains why they are the mainstays of most diets everywhere in the world. If you eat too many, carbohydrates are stored in the body as fat. So don't eat too much of foods rich in carbohydrates — or any food, for that matter, but include enough carbohydrate for energy.
- Fats are a chief source of energy, and some vitamins. But that's not all. Fats make our foods much more appetizing. They also delay the time your stomach takes to empty. This makes meals seem more to "stick to your ribs" and you don't have to eat again as soon as otherwise. Thus, if you control total calories, fats can help in weight control.
- In colder weather with our well-heated houses, you really don't need a lot of extra food for energy of body heat maintenance. But if you're outdoors a lot and energetic, you might benefit from some extra fat and carbohydrate in your meals. Protein needs and your need for vitamins and minerals are about the same all year 'round in any climate.
- Milk is a perfect convenience food. Just get the bottle or carton from your refrigerator and pour. You have immediately a beverage ready for drinking —

- an ingredient for cooking. For parties, young people often enjoy flavoring cold milk with fruit juices. This gives them vitamin C along with milk's superb variety of nutrients.
- Here's another food fallacy that that needs debunking: People often say fish and celery are brain foods. Well, special foods do not build special tissues. It's true that nerve tissue, which is part of our brain, is rich in phosphorus — and fish does provide phosphorus. But so do meat, poultry, eggs, and milk. Whereas celery contains very little.
- Proteins make up the basic material of each cell. They are necessary for growth, maintenance, and repair of tissues as well as for many other body processes. Your best sources of protein include eggs, milk and milk products, meats, fish, poultry, soybeans, beans and peas, grains and cereals, and nuts.
- You should be careful about total fasting to lose weight. A physician's advice is needed. Through fasting, you can lose valuable body tissue, not just fat. Also, after fasting the body regains tissue but medical scientists aren't sure about the composition of new tissue. Thus alternating fasting and feeding to control weight can be dangerous.