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Editorial

by Cindy Preston

Home, Sweet Home

What is home? Home isn't just the house you live in. To those of us who spend more time away than we do at home, the house at our address is a welcome refuge. It offers peace and quiet (sometimes) and protects us from the outside world which we know is hard to face. It comforts us to know that home is always there when we want it.

But, home is more than just a simple definition. Home is more than just another house on some small street. Home is more than that. To the freshmen college kids who are spending their first actual weeks away from home, the world is opening up and suddenly expanding. To these kids and to all of us, Andover is home.

But home is more than just the town you live in. Home is friends in place of unknown faces, home-cooked food instead of cafeteria meals, a warm bed instead of a cot. Home is staying up to watch television after 10:30 and not worrying about curfew. Home is Dyke Street, chocolate milk at the bank, the Andover Pond, the Fourth of July Parade and Halloween night. Home is Room 222, Bus 21, and a telephone number that starts with 478. Home is the school fair the spring concert and graduation night. Home is Little League games, music lessons and the Junior Play.

With all these things at home, it is a wonder that we ever really want to go away and leave all of this security behind us.

Senior Interview

by Sandra Merrick

This week our Senior of interest at Andover Central School was born on June 17, 1952. She is majoring in Cosmetology at B. O. C. E. and like several other seniors her plans are incomplete at the present time.

She has been an active member of F.H.A. for two years; Choir for three years; Red Cross, four years; Camera Club one year; Library Council four years; G.A.A. four years. Future Nurses, four years; and in Herald for four years. Her parts in the Junior Play were that of the prompter and Mrs. Brown. Her hobby is sewing.

She has two brothers and three sisters. Mr. and Mrs. Wellman Burch are the fortunate parents. Yes! You have just been informed about Miss Nancy Shirley Burch. The best of wishes goes out to her.

Cafeteria Menu

- Monday - Lasagne Casserole, Cabbage Salad, Bread and Butter, Pudding, Milk.
Tuesday - Chipped Beef Gravy on Toast, Buttered Corn, Fruit, Milk.
Wednesday - Scalloped Potatoes, Sliced Meat, Vegetable, Bread and Butter, Apple Brown Betty, Milk.
Thursday - Chicken Rice Soup, Egg Salad Sandwich, Fruit Upside Down Cake, Milk.
Friday - Macaroni Salad, Vegetable, Baked Fish (4 - 12), Boiled Egg (K - 3), Bread and Butter, Cake, Milk.

Junior News

by Diane Carmody

On Thursday, September 25, the Juniors were fitted for their rings. For the Fair, the Juniors are having a Dart-Board and Fish Pond for stands. The Juniors are hoping everyone will help contribute to the success of the booths.

School Fair

by Patti Middaugh

The Andover Central School School Fair will be held on Thursday, September 25. The Band Concert will begin at 7:30, followed by the crowning of a King and Queen, the fashion show and an auction.

Feature

by Chris Bergerson

Back to school again! Back to dusty erasers and streaky chalk boards, along with all the work that is associated with school. But all summer fun must cease when September rolls around.

This past summer many Andover students went away on vacation. Others went to summer school to make up work they had missed during the regular school year.

Teachers also gave up some of their vacation time to go back to school, either to teach or to take interesting courses now offered.

Many teachers attended the Belmont Reading Workshop at Belmont. They were: Mrs. Rosemary Burger, Junior High English Teacher; Mrs. Gwynetta Boyce, Sixth Grade Teacher; Miss Doris Church, Second Grade Teacher; Mrs. Hilda Vars, Fourth Grade Teacher; Mrs. Phyllis Burdick, First Grade Teacher; Mrs. Carol Marsh, Second Grade Teacher; and Miss Joyce Harris, Remedial Reading Teacher.

Mrs. Rosemary Burger also taught reading and study skills to the "Operation Opportunity" students at Alfred University.

Mrs. Patricia Codispoti, Girls' Physical Education Teacher, spent some time last summer being a water front director at a Campfire Girls Camp at Lake Demons. Miss Marjorie Goodrich, Home Economics Teacher, spent five weeks at the Colorado State University studying for her certification.

Mr. Glenn Bronson, Science Teacher for the Senior High classes, spent six weeks studying Ecology at Watkins Glen.

Both Mr. and Mrs. Michael Brace went back to school last summer. Mr. Brace attended Alfred University. He is the History Teacher and Senior Advisor. His wife, Linda, also attended Alfred where she studied Philosophy of Education and Educational and Occupa-

Purple And White

by Jim Howland

The pre-season scrimmage and one non-league game are now "water over the dam" for the Andover Soccer team. The scrimmage provided valuable experience for the entire squad.

The game at Greenwood turned out well for Andover. Jim MacMichael scored two goals for the Panthers and for the opposition, John Woodworth scored Greenwood's only goal. The final score was - Andover 2 - Greenwood 1.

Games with Friendship (Sept. 22) and Jasper (Sept. 24) were both away games this week.

G.A.A. News

by Kathy Spencer

The Girls-Athletic Association has scheduled several games this year, including soccer and field hockey.

The soccer schedule for the fall is:

- Sept. 27 - Soccer Sports Day at Alfred-Almond. (Grades 8 - 12)
Oct. 7 - Scio at Andover
Oct. 8 - Alfred-Almond at Andover
Oct. 22 - Richburg at Andover
Oct. 21 - Andover at Alfred-Almond

Additional Information. She teaches Kindergarten.

Mrs. Joyce Van Stine, Health Nurse, went to Geneseo last summer to supplement her knowledge of nursing.

Mr. Lloyd Fuller, Sixth Grade Teacher, spent some time at Brockport.

Mrs. Gertrude Schwert taught reading and study skills at Alfred Ag-Tech last summer.

So you see, students, you had better hurry to catch up with the new additional information and education your teachers learned last summer!

Red Cross News

by Lynn Panton

Last week the members of Red Cross elected their officers. The results were:

- Maureen Thorp - President
Candy Harvey - Vice-President
Jeanne Atwell - Secretary-Treasurer
Eileen Atwell - Student Council

The final results of the Camille Disaster Fund was \$222. This money was raised through the Red Cross Dance and by donations from the faculty and Student Council. The Red Cross would like to thank all those that made this drive successful.

Bids Open October 23 For Highway Projects

Governor Rockefeller has announced that the State Department of Transportation will open bids on October 23 for two highway reconstruction projects in Allegany and Chautauqua Counties with a total estimated cost of more than \$4 million.

Funds from the Transportation Bond Issue approved by the voters in 1967 will pay the State's share of each project's cost, the Governor said.

In Allegany County, the estimate is \$2,515,000 for reconstruction of four miles of Route 243 in the Town of Rushford. The present 18-foot wide road will be rebuilt with a 24-foot-wide asphalt pavement and 12-foot shoulders.

Senior News

by Tom Polman

A Chicken Barbecue, sponsored by the Seniors, will be held at Andover Central School on October 4th. The class is also selling magazines. We would surely appreciate your support in these two ventures.

The Class will also have a table at the School Fair.

From the Chautauqua County line southerly to about 0.8-mile southeast of Brookside Road. Intersections will be improved and new culverts installed at Indian Creek and other streams.

The estimate is \$1,550,000 for reconstruction of Baker Street (Chautauqua County Road 882) for 2.3 miles in the City of Jamestown and Towns of Belmont and Bush. Here, also, a road now generally 18-foot wide will be replaced with a 24-foot-wide asphalt pavement. Work will extend from Hazeltine Avenue in Jamestown westerly to Southwestern Avenue. About 0.2-mile of Garfield Road will be relocated to intersect Baker Street opposite Howard Avenue.

Governor Rockefeller said both projects are part of a continuing Statewide series intended to upgrade older roads in the interests of driver safety and convenience.

Commercial Printing at the News Printing House.

Keep On Buying Savings Bonds.

Sportsword Puzzle by Jack Lupatko

12x12 crossword puzzle grid with numbers 1-45 indicating starting positions for words.



- ACROSS: 1. Business life. 7. Sockeye. 13. Color of Puget Sound rockfish. 14. Chop apart. 15. Outboard you can carry (2 wds.). 17. Easterly compass point. 18. Slow leaks. 19. Eleven times ten. 20. Peasant slave. 22. Rear of the boat. 23. & &. 24. Passage from a text. 27. Extra tackle in case of need (2 wds.). 29. Thus. 31. Lassos. 32. Scraped fish to clean it. 34. Bothered by poison ivy. 35. Squeeze and press dough. 36. Trapshooting of flying targets. 38. On a boat it should be brass. 39. Steps into the boat. 40. Take the lake (3 wds.). 42. Gremilins in the equipment. 43. Sugar plant. 44. Sault. 45. Vietnam New Year. DOWN: 1. Handles a problem. 2. Got up. 3. More unusual. 4. Adjective ending. 5. Mince oath. 6. Put new guy wires on the mast. 7. Beds of royalty. 8. Charity. 9. Zodiac lion. 10. Morning prayer. 11. Egglike. 12. Whose fiddle played while Rome burned? 16. Permanent prisoner. 21. They're used to dress artistical flies. 23. East-coast fishing area. 25. Photographed medically. 26. Struck with the beak. 27. Starts on a trip (2 wds.) 28. Bundle to carry. 29. Nylon length for deepwater fishing. 30. Uneven. 31. Smallest fish. 33. Jump for the bait (2 wds.). 37. What to cross. 38. Mother. 39. Small gun pellets. 41. Salmon fisher's aid.

Solution On Page 5

Doctor in the Kitchen by Laurence M. Hureh, M.D. Consultant, National Dairy Council. Includes a small portrait of the author.

DOLLAR STRETCHERS FOR OLDSTERS

Today I want to talk about how people can stretch their food dollars. Especially older people who probably have to watch pretty closely how to make ends meet.

There are never too many ideas for making food appetizing and, at the same time, nutritious and economical. So here are some you might consider:

Serve macaroni and cheese as your main dish, but add bits of leftover green vegetables, or meat, or hard-cooked egg to the mixture.

Or make a cheese sauce or a cream sauce for leftover meat and vegetables and then serve this over toast or rice.

Sound good? Here are some more ideas:

Less Expensive Meat

Buy less expensive cuts of meat. Then cook them slowly, using some liquid as you would with a pot roast. They'll come out delicious and tender. If you like liver, beef, lamb, or pork liver are less expensive than calves' liver.

Brown shell eggs, if available, may be less expensive than white shell eggs, but they have the same nutritive value.

Dried peas and beans are inexpensive and nutritious. Use them in casserole dishes with tomatoes and ground beef or

pork. Ground beef is your all-purpose friend - for meat loaf, patties, meat balls and in meat sauce over spaghetti. Serve creamed dried beef over boiled or baked potatoes - or mix it with rice. The cream sauce will enhance the rice, too.

In Season Foods

Buy fresh fruits and vegetables in season if they are less expensive than frozen or canned. Occasionally, use tomato juice instead of orange juice.

All of your leftover vegetable juices will help add flavor and nourishment to soups. Leftover juices from canned fruits go well in gelatins and fruit sauces for cake or ice cream.

Slightly stale bread will be refreshed by toasting. So will leftover biscuits or rolls if you butter them or sprinkle them with cheese and then brown them under the broiler.

Older people should not forget milk, the original convenience food. Just pour it and it's ready to drink. At least two glasses a day are a good idea. Also, get at least 2 moderate servings of meat each day, 4 servings of fruits and vegetables, and 4 servings of breads and cereals. That's the four food group plan, a plan that will keep you healthy.