

PIRST HAPTIST CHURCH Rov. Floyd Aldrich, Caster Phone: 478-8622 Sunday, June 1 10:99 a. m. Bible Classes a. m. Morning Worship

PRESEYTERIAN CHURCH Sey. Alan Minarcik, Minister

dr shone: 478-4185 Manue Phone: 478-3922 Mrs. Chea York, Organist and Choir Director

Mrs. Anita Cahilla Canaday School Superiod 5 Sunday, 2005 1 9:45 a. m. Moralny Worship. 10:45 a. m. Sonday School.

ANDOVER CHRISTIAN & MISSIONARY ALLIANCE CHURCH Rochambeau Avenue Andover, New York Rev. Milton C. Hurne, Pastor Sunday, June 1

10:00 a. m. Sunday School. 11:00 A. M. Morning Worship. 7:30 p. m. Evening Gospel Hour.

Wednesday 7:30 P. M. Mid-Week Prayer and Bible Study

ANDOVER
METHODIST CHURCH
Gerald A. Wolter, Minister Mrs. Lawrence Godown, Organist Harold Huffcut, Choir Director Sunday, June 1 10:00 a. m. Church School.

11:00 a. m. Morning Worship

INDEPENDENCE S. D. B. CHURCH Rev. Floyd Aldrick, Paster Phone: 478-3022 Saturday, May 31 10:30 a. m. Morning Worship. a. m. Sabbath School

BLESSED SACRAMENT CHURCH John R. Shea, Pastor

Phone: 478-5900 First Friday Holy Communion at 6:30 A. M. Mass 7:30 A. M. Sunday Masses 8:30 A. M. and 10 A. M.

MENNONITE CHURCH SERVICES

Robert Ruckwalter, Paster

A hearly welcome is extended
to all to attend the Mennonite
Church Services held at the Innependence Church every Sunday.
Sunday School 9:30 a. m.
Preaching Service 10:30 a. m.

GREENWOOD METHODIST CHURCH

Gerald A. Wolter, Minister Mrs. Albert Lamphier and Miss Diane Smith, Organists. Clinton York, Superinte

Sunday, June 1 9:45 a. m. Morning Worship

Service. 10:50 a. m. Church School.

Keep On Buying Savings Bonds

Lemmer Chiropractic Office

Eugene J. Lemmer, D. C.

Hours By Appointment (CLOSED THURSDAY) Telephone 324-8314

Washington Street Himill N. Y.

Use the Classified Ad Section



Fresh

MILK

PHONE: 593-3939

Weldonian-Minges

Builders Supplies

Color Carousel System

for mixing

1400 colors and

all types of

Valspar Paints

WELLSVILLE

LUMBER COMPANY

Wellsville, N. Y.

RAILROAD AVE Phone: 1836

10% OFF ON ALL H & CARRY ORDERS

Dairy 🛴

FOR SALE

FOR SALE - Pansy Plants beautiful colors. Bring your own container. Arthur R. Mills, Sr., Andover, N. Y. Phone 478-3713.

FOR SALE — Sweet Pee Seeds. Baker's Hardware, Dial Andover 478-4425.

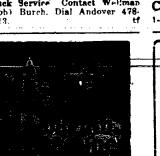
FOR SALE — John Deere 2020 Tractor, Mounted Plows, Dozer Blade, Bob Prior, Dial Andover 478-8173.

WINDOW GLASS — Glass Cut to Size and Installed at Baker's Hardwars. Dial Andover 478-4425.



WANTED

WANTED Backhoe Work
Nights and Week ends. Dump
Truck Service Contact Wellman
Bob) Burch. Dial Andover 478.



Cows, Heifers and Beef Cows. I also have a good number of Springer & Fresh Cows For Sale or Trade on hand. Call or Write Frank L. Sackett, Jasper, N. Y. 14855. Tele, 607-792-2052. **MISCELLANEOUS** SERVICE AND REPAIRING

WANTED TO BUY-

CLASSIFIED

Washers, Dryers, Ranges, repaired by experienced Serviceman. Work Guarantee: Call Ralph Empson Andover, N. Y.

-NEW SOLES ∠& HEFLS MAKE YOUR SHOES LOOK LIKE NEW Also: Rebuild Your Old She To Golf Shoes Dye Shoes To Match Your Purse & Gown LOUIE'S SHOE REPAIR WELLSVILLE, N. Y.

Across from Ball Park Ent.

Complete Collision

Service And

Auto Refinishing

D&JBodyShop

Pictures Pertraita Chauffeur Photos

ar Logale

Wedding

RICHARD P. WITTIE Commercial Photographer 1-5 Main St

Wellsville, N. Y. Andover, N. Y Bolivar Rd. Phone: 593-3854

ANDOVER DIRECTORY

WANTED TO BUY Scrap Iron and Metal

ATTENTION FARMERS:
We Buy: Batteries
Rags and Burlap
FOR SALE: — Pipe
Clothes Poles

Burning Cans HORNELL WASTE

MATERIAL SHAWMUT YARDS HORNELL, I. Y. (Near The Big Elms)
Phones: 324-3175 — 324-3176 EVERYTHING FOR BUILDING

DROP IN OR CALL 593-2426 Lunn Lumber Co.

Wellsville, N. Y. 256 W. State Street

Doctor in the Kitchen^o

by Laurence M. Hursh, M.D. Consultant, National Dairy Counch

A SPECIAL DIET FOR ARTHRITIS?

revenue to the quacks and charlatans among us. It is a frustrating disease — one about which ing disease — one about which we know far too little. Thus, false-hood and stories of "miracle cures" abound.

What food, if any, should you avoid to prevent arthritis from striking you? Or what can you eat, or avoid eating, to help cure your arthritis?

Now, specialists dealing with attending physician.

Are there foods that cause or arthritis emphasize that a funda-cure arthritis? Is there a special mental principle in dealing with diet for arthritis? ariaritis emphasize that a funda-mental principle in dealing with this disease is good nutrition, in-cluding adequate supplies of cal-cium, protein, minerals, vitamina-and, indeed, all good nutrients— the four basic food groups we keep emphasizing in this column.

Avoid Overweight

Overweight is to be avoided to minimize stress on the weightbearing joints but good nutrition is to be maintained by balanced diet.

This puts an end to the elimina-tion of meats, fish, eggs and cheese from the diets of arthritic cheese from the diets of artifritic patients. It ends the banning of milk and its products for fear of too much calcium.

It recognizes the protein contributions of dairy products as well as their calcium content. It recognizes that the cause of

No Miracle Diet

There is no diet that will prevent or cure arthritis. That statement is true in the sense that we cannot tell you specific foods that will make a difference by themselves. But we do know that a proper, balanced diet is an important factor in successfully treating arthritis.

In the past, arthritic patients in the past, arthritic patients are deprived of protein, on the deprived of protein, on the that too much that too much that too much that the formal dietary insufficiencies on top of their arthritis.

ground that changes in the bones cuirements in relation to general and joints were necessarily due to over-supply rather than to may be determined by allergies, faulty body utilization of this nutrient.

WOODRUFF T. V. ZENITH

1.V. SALES & SERVICE AUTHORIZED DEALER E.C.I. Courier Citisens Band Two-Way Oyke St. Anderer, N. Y Dyke St.

James B. Mulholland Funeral Home

7 Church Street - Anderer Calls Promptly Attended

And-Well Producers Co-operative, Inc.

Lyle Danielson, President Victor Austin, Sec'y-Treas. Meet the First Tuesday of every other month

R. J. SOOTHERAN Attorney & Counselor at Law

All legal business receives prompt attention

Dial:

Office: 478-4111 Res. 587-2142

Hours: 9 to 5

FOR REAL ESTATE SERVICE: Lee V. Ludden, Lic. Broker Wellsville 593-5391

Leo V. Ludden Realty Main Street - Wellsville, N. Y. Sales, Rentals, Appraisals and Management

Chamber of Commerce Of Andover, Inc.

James H. Kessler, President Robert A. Baker, Vice-President Landis Kibbe, Sec. and Treas. Regular Meeting 3rd Wednesday ANDOVER LODGE No. 558, F. & A. M.

James F. Mulholland Ronald G. Taylor, Secretar, Meets First and Third Monda, Eveni g of each month, 8 p. m VISITORS ALWAYS WELCOMA

HENRY STEPHENS INSURANCE AGENCY

Andever, N. Y., Dial 478-5568 Serving Andover and Vicinity over 65 seems

J. ROBERT COMMON D. D. S.

Office 11 North Main Street Dial Andover 478-5662 X-RAY EQUIPMENT

GLENN E. BRUNSON Insurance Agency

Hardy Hill Rd, Andover, N). Dial: 478-4611

Insurance to meet your need

For Real-Estate Action! WELLSVILLE REALTY COMPANY, INC. 31 W. Fassett, Wellsville, N. Y. SALES RENTALS APPRAISALS Phone: Teresa D. McAndrew, Lic. Salesman, Andover 478-4178 or Ruth Brown, Lic. Broker Wellsville 593-1484

Authorized Dealer T.V. Sales & Service Diel: 478-3837

Anderer, N. Y.