### Walter E. Max Named Chairman Eagle Scout Career Day

The Seneca Council Boy Scouts of America has announced that Walter E. Max, Manager of Operation for the Turbine Division of the Worthington Corporation in Wellswille, N. Y., will serve as Chairman of the Eagle Scout Career Day to be held on March 3, 1969.

At the Annual Eagle Career Day Program each Scout is sponsored by a man in the business or profession of the Boy's particular interest. In this way, the man can perform a "good turn" in helping the Scout along the trail to career achievement. This follows the theme of "America's Manpower Begins With Boypower" recently introduced. Cooperation has been assured by local companies and corporations, leading businesses, professional men and tradesmen of both Allewany and Cattaraugus Counties. The above will spensor an Eagle Scout in his chosen career for the day. The program will start with a luncheon at Long Vue Restaurant in Wellsville, N. Y., after which the suonsors will invite their Eagle Scout to their place of business to learn more about their chosen field of endeavor. At the Annual Eagle Career

Mr. Max, a strong advocate of Mr. Max, a strong advocate of the Scouting program and a former Boy Scout in the Buffalo Area, believes "the effects of the competitive; character molding programs conducted by the Boy Scouts of America have a strong tendency to carry over into later years and emerge as plus characteristics in all phases of life". Mr. May we also quoted as saving reristics in all phases of life". Mr. Max was also quoted as saying "I have always been very impressed with the fine type of leaders that are associated with the Boy

Mr. Max began his career with Worthington in 1934 as a Mach-inist with the Compressor and Engine Division in Buffalo. He en-tered Iowa State College to study Mechanical Engineering and re-turned to Buffalo in 1939 as a Test

Engineer.

During World War II, he was in charge of subcontracting, and then During World War II, he was in charge of succontracting, and then became Manager of the Mulit-V-Drive Division, Manager of the Service and Erection Department, General Superintendent, Manager of Manufacturing, and Assistant General Manager.

of Manufacturing and Assistant General Manager.

In January of 1963 he was transferred to Harrison New Jersey to be the Post of Manager of Manufacturing Administration. In 1964 he was appointed to the position of Managing Co-ordinator of Manufacturing and Engineering in Wellsville. Mr. Max was instrumental in co-ordinating the engineering-manufacturing functions of the division, procurement, and testing of the Division's Jet gas turbine product line. He was appointed Manager of Manufacturing in 1966, a position he held until August 1, 1968, when he was appointed Manager of Operations by Arthur F. Reinking, President of the Division. Mr. Max is responsible for all of the Division Operations.

Active in community and civic affairs. Mr. Max is a member of the Chamber of Commerce, the Wellsville Country Club and the United Fund.

Invitations have been mailed to fifteen Scouts in the two counties who have obtained Scoutings highest nonor: the Eagle Rank, during

who have obtained Scoutings high-est nonor the Eagle Rank, during 1968. Daniel Slade, Troop 42, Andover, is one of the fifteen to receive an invitation.

Use the Classified Ad Section

Dates Claimed Feb. 1 - Boy Scout Bake Sale.

FOR SALE POTATOES -And Maple Syrup

RED 50 lbs. \$1.50 WHITE 50 lbs. \$2.00 Also Will Sell in Smaller Amounts

1

Paul Waters NUUVER, N DIAL . 478-8141

### C.U. Project Shows Cholesterol Levels Rise Early In Life

Although heart attacks are not Although heart attacks are not rommon among Americans until they reach their 40's or 50's a Cornell University study indicates that high cholesterol levels in the blood, the first step in a chain of events that may lead to an eventual attack, start appearing early in life.

This study, conducted for two years on freshman and sophomore students at a northeastern university, concludes that serum cholesterol levels in this age group are not determined so much by what the youths eat, as by how effectively they work off the resulting energy.

According to Miss Nancy J. Bowden, who conducted this research as a graduate student in the food and nutrition department at the N. Y. State College of Home Economics, Cornell, a commonly accepted view is that the more fat and sugar a person eats, the higher will be his or her cholesterol level.

This did not hold true for the college-age group in Miss Bowden's study. In fact, although the men ate more high-fat and high-sugar foods than women, their cholesterol levels at this age were consistently lower than the women's

However, the amount of energy expended by participant in physical activity definitely was related to their cholesterol levels, she said.

to their cholesterol levels, sne said. For instance, the greater the physical fitness in men, the lower were their cholesterol levels.

(The degree of physical fitness was determined by performance scores on a regimen of exercises conducted by the university's physical education department.)

Miss Rowden also observed that

Miss Bowden also observed that Miss Bowden also observed that those who were classified as most physically fit tended to be leaner than the others, suggesting that "control of body fatness in this age group may be due as much to energy output for physical activity as to diet."

Even among the college students tradied

Even among the college students studied, many cholesterol levels were already well above those found in some older adults, she said. This finding reinforces autonsy studies on Korean Wardead, which revealed that buildun of fatty layers in coronary arteries. of fatty layers in coronary arteries

of fatty layers in coronary arteries is common even among young American men.

Miss Rowden emphaized that there is little evidence that composition of diet is directly related to the loss of heart function, although it is considered the first link in the chain of events that often results in a heart attack.

### Annreciation

I wish to express my appreciation for the cards and good deeds extended to me while I was in the hospital.

Con Casey

DID YOU KNOW..

### Law Requires Keys To Be Removed From Ignition

"The law requires that keys be removed from the ignition of an unattended vehicle," Motor Vehicle Commissioner Vincent L. To-fany reminded New York State's motorists.

"This is a sometimes forgotten law, and all too often its wisdom isn't realized until it's too late,"

pointed out man tans a practice.

"Car thieves know the common places where drivers hide their keys," he told dar swners, "and the convenience of having a key waiting somewhere in the car just doesn't equal the danger presented by such a practice."

He went on to say that the most dangerous, but least known, aspect of the stolen car problem is the hazard it presents to innocent persons.

ated to be 200 times more likely to be involved in an accident than a legally-driven vehicle," he said. Commissioner Tofany offered this advise to motorists as the best way to prevent vehicle theft: "Take your keys with you, lock all doors and windows, and park in brightly-lighted areas whenever possible."

### Need Trees? Order Now!

Order Now!

The snow can't last forever! In planting time. If you wish to plant trees this Spring, and still haven't ordered them, now is the time to do it, while most species are still available.

The New York State Conservation Department is accepting orders for tree seedlings for Spring delivery. Species available are White Pine, Red Pine, Scotch Pine and Austrian Pine; Norway Spruce and White Spruce; Larch; Douglas Fir; and Black Locust.

Seedlings must be ordered in units of 1.000 of any species. The price is \$10.00 per thousand and sales are not subject to State or County Sales Taxes.

Custom tree planting services are available at moderate cost for landowners who are unable to do their own planting.

To obtain tree order blanks,

and for information on available planting services, contact: Julius J. Eckert, District Director of Lands and Forests, 335 East Third Street, Box 640, Jamestown, New



ne seld.

The law does permit the concealment of keys in the car, the Commission remarked, but he pointed out that this is not a wise

"A stolen car has been estimated to be 200 times more likely

# Jan. 21: To Mr. and Mrs. Don-ald VanSkiver, Swain, with son-Jan. 22: To Mr. and Mrs. Don-Jan. 23: To Mr. and Mrs. Lovell Hulin, Belmost, a son Jan. 23: To Mr. and Mrs. Dannheim, Wellsville, a sal Jan. 23: To Mr. and Mrs. Jan. 23: To Mr. and Mrs.

Jan. 21: To Mr.

France, American States and Arts James France, Affred, a daughter Jan. 24: To Mr. and Mrs. Tary Margeson, Wellsville, a december Jan. 24: To Mr. and Mrs. Rob't Shelley, Alfred Station, a daughter. Jan. 25: To Mr. and Mrs. Rob't Shelley, Alfred Station, a daughter.

ter.
Jan. 25: To Mr. and Mrs. Edward White, Wellsville, a daugh-

ter. Jan. 26: To Mr. and Mrs. Kar-ton Brandes, Wellsville, a son.

### Marriages

Dec. 21: Miss Valerie Eyre Vreeland to Oak Duke, IV, both of Wellsville.

Dec. 28: Miss Nancy Jane Calhoun of Friendship to David E. Sortore of Nile.

Jan. 18: Miss Sandra L. Howell of Friendship to Harold A. Bloye of Little Genesee.

### **Deaths**

Mrs. Henry (Lydia) Carpenter, 86. Belfast, January 24. A daughter and a son survive.

Max Newton, 79, Bolivar.

Allegany County 15-19
Dates Set For July 15-19
The Allegany County Pair will
be held July 15-19. This symmer's attraction will be country
music stars, Homer and Jethro,
as well as two auto thrill shows.
Plate now being formulated

Music stars, Homes and spaint, as well as two and shrill shows.

Plans, now being formulated call for a program by school bands possibly in conspetition, with prizes to be awarded. The Pair will open July 15 with a performance by Joie Chitwood's Auto Show and Jack Kochmann's Hell Drivers will be the feature on closing night, July 19.

One of the midway attractions will be a double ferris wheel, which will make its first appearance at Angelica on the summer fair circuit.

Mr and Mrs. Rodney Sheffield, Mrs. Lean Dowd: all of Angelica and Gordon Payne of Alfred attended the recent meetine in Syracuse of County Fair, personnel.

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