

DON'T BE A SNOW-SHOVELING STATISTIC!

An Editorial

So far we have had a very mild winter with no snow problems to speak of at all. This has been wonderful and of course means we haven't had to do much snow shoveling.

However, with the arrival of January — and a New Year last week, we had better start to think about the realities that are bound to be facing us — and soon!

Snowfalls of 12 to 20 inches are not unusual in this area — and although we may have a day or two waiving of an impending storm from the weatherman — we may also wake up some morning to find the ground blanketed with an unexpected snowfall, and still snowing hard.

As you gaze glumly at the falling snow and brood about galoshes, snow shovels, and aching backs, remember that it could be worse! You could be out there shoveling the snow off your sidewalk — or even worse you could be stuck out there with your car some place away from immediate civilization!

The old saying "an ounce of prevention is worth a pound of cure" could very well apply for a warning to all snow shovelers — Before we have a heavy fall of snow! Thus how about considering the following facts and advice:

Shoveling snow is hard on the heart. If you're overweight, over 40 and not used to exercise, shoveling snow may snow you under with a heart attack. Every year many men succumb to a heart attack during the winter months as a result of this violent exercise and thus become a "Snow-Shoveling Statistic".

In freezing weather tiny blood vessels beneath the skin give off heat like your car radiator. To insulate your system, these millions of vessels tighten into spasm and detour blood away from your skin.

Now your blood has to be squeezed into a smaller circulation and blood pressure rises. To pump against this pressure, your heart has to pump harder.

You'll probably bundle up before going out into the piercing cold. Heavy sweaters, jackets, boots and overcoat add up to extra pounds — weight that you have to carry around. This means more work for your heart.

Then you start scooping up drifts like a muscle-bound stoker shoveling coal into a fiery furnace. Much, much more work for your heart!

Vital coronary arteries nourish your heart muscle. They may already be narrowed-not enough to cause trouble when you rest and sit around, but enough to prevent their delivering all the blood needed when your heart has to strain extra hard.

And so your heart muscle strangles and screams for nourishing blood. If you don't faint, pain shoots across your chest, your shoulder and down your arm — A Heart Attack!

Guard Your Heart!

If you're not used to anything more strenuous than pushing a pencil, don't shovel snow. Hire some local boys who want to earn extra spending money, or stand behind a self-propelled motorized snow-plow.

Then you won't be snowed under with a snow-shoveling heart attack!

THE FREEDOM OF THE PRESS IS BASIC TO ALL YOUR AMERICAN FREEDOMS! Only as your Newspaper is free to print the facts, can you be free to know them. Only as you know the facts, can you act wisely in the best interests of your Community, as you see them. In America, there is plenty of room for opinions. THERE IS NO ROOM FOR RESTRICTIONS ON THE PEOPLE'S RIGHT TO KNOW THE TRUTH!

THE ANDOVER NEWS

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50 YEARS AGO

January 3, 1919

J. H. Backus, Publisher

Mr. and Mrs. G. E. Brown observed their Golden Wedding Anniversary, Tuesday, December 31, 1918, at the home of their daughter, Mr. and Mrs. F. L. Ham. Fifty years ago December 31st, 1868, at the home of Mr. and Mrs. Francis Updyke of Greenwood, occurred a triple wedding, when the Rev. E. N. Williams, pastor of the Methodist Church, performed the ceremony which united the following young people: Miss Martha Updyke of Greenwood and George Ethelbert Brown of Independence; Miss Sarah Updyke and David Rogers, and Miss Betsey Rogers and Joseph Updyke. Of the three brides, only three have passed on — Miss Rogers, who survives, was among the guests present on Tuesday evening.

Alice Lucile, 3 year old daughter of Mr. and Mrs. Warren Perry, died Sunday, December 29th.

Mrs. Fannie Bines and Georgia of Andover were week-end guests at the home of G. A. Updyke of Independence.

Mrs. Floyd Pease of Greenwood is spending a few days with her parents, Mr. and Mrs. W. J. Potter of Independence.

R. L. Smith of Brainbridge, visited his son, Harry Smith of Elm Valley the past week.

After a ten day vacation spent with her parents, Mr. and Mrs. E. M. Livermore of South Hill, Miss Anna Livermore returned to her duties at the Lockport Hospital, Tuesday.

Miss Nora McAndrew is enjoying the holiday vacation from her school duties in Fulmer Valley.

Miss Ruth Wallace of West Union and Howard S. Brigg of Greenwood, were united in marriage New Year's Day by Rev. Chas. Collins.

George Milligan, 45, died Saturday at his home on Greenwood Hill.

Fred Church of Port Jervis, N. Y., was visiting his people in Andover from Sunday until Thursday.

Mr. and Mrs. Lee Robbin and daughter of Seneca Falls, N. Y., were guests of Andover relatives over the holidays.

Miss Mary Parden returned to her work in Buffalo Thursday, after passing the holidays with her parents, Mr. and Mrs. William Pardon.

Mrs. R. Wilson of Seneca Falls, N. Y., passed the holidays with her mother, Mrs. Estella Richardson and other Andover relatives.

Mrs. Edward Padden returned home Sunday from Bradford, Pa., where she was called by the death of her brother, James Hyland.

Mr. and Mrs. Grant Stevens and son of Shinnecock, came to Andover Saturday remaining until over New Year's guests at the home of Mrs. Stevens' parents, Mr. and Mrs. W. C. Gleason.

40 YEARS AGO

January 4, 1929

J. H. Backus & Son, Publishers Representatives of the New York Central Electric Corporation from the Hornell Office are obtaining the rights of way to run a service line from Canisteo to the Town of Greenwood to supply that place with electric service.

A company of some thirty Odd Fellows and Rebekahs surprised Judge and Mrs. E. A. Mullen-New Year's Eve on the occasion of their 20th wedding anniversary. Bertie Crandall, of Harvard University is spending the holidays with his grandmother, Mrs. Nora Crandall of Independence.

Mrs. M. A. Bassett and Barbara of Alfred have been spending a few days at the Milford Crandall home in Independence.

Mr. and Mrs. Ray Clark and two children of Casenovia, spent Tuesday and Wednesday with their parents, Mr. and Mrs. A. King of

West Greenboro.

Miss Mary O'Leary left Wednesday for her school duties at Elizabeth N. J.

Miss Florence Burdick of Schenectady, passed the holiday vacation with her parents, Mr. and Mrs. Menzo Burdick.

Mr. and Mrs. F. Ruger of Detroit, Michigan, have been visiting his brothers, Kirk, Glenn, and Burr Ruger and families.

Miss Kathryn Gallagher was home from Cooper to pass New Year's with her mother, Mrs. Ellen Gallagher and family.

Miss Doris Baker of Genesee Normal has been enjoying a two week vacation with her parents, Mr. and Mrs. George Baker of Lechambeau Ave.

Miss Elizabeth Folsing, R.N., returned this week to her duties in New York City after a holiday vacation at the home of her parents, Mr. and Mrs. E. Folsing.

Miss Eva Bennett is home from Fredonia Normal passing the vacation with her parents, Mr. and Mrs. C. S. Bennett at the home of her grandparents, Mr. and Mrs. William Baker.

Mrs. H. E. Bagley and sons, Walter and Roger returned to their home in Corning, Pa., Tuesday after spending the Christmas holidays with her parents, Mr. and Mrs. William McChesney.

Mr. and Mrs. Lynn Frothingham and family arrived in Andover Saturday and will live at Maple Place, corner of Maple and First Streets. Mr. Frothingham is employed in the Albert, Godde, Bell in Inc., Silk Mills.

Mr. and Mrs. Ralph Burgett were week-end guests of his sister, Mrs. Bertha Eagleton of Black Hill.

Mr. and Mrs. Carlisle Myers of Rochester spent the holidays at the home of her mother, Mrs. Joseph Eberle.

30 YEARS AGO

January 5, 1939

J. H. Backus & Son, Publishers

G. H. Bashe was installed as Master of Andover Masonic Lodge Monday evening by Past Master E. B. Ham.

Oliver I. Kemp was installed Noble Grand of the I.O.O.F. Lodge Tuesday evening by District Grand Master C. C. Backus and Staff.

This year the Exchange Club of Andover, sponsored prizes for the three best decorated homes in keeping with the holidays. Dr. John Common was awarded First Prize; Almond Wood, Second and Burr Ruger Third, with Mrs. Della Porter and William Woodruff receiving honorable mention.

Mr. and Mrs. F. E. Woodworth and family with her parents, Mr. and Mrs. T. C. Turner of Alfred Station spent from Saturday until Monday guests of their brother and, Mr. and Mrs. E. H. Turner and family of Rochester.

John Fanton moved his family from the Harrington farm to the Crutchen-Lara last week. Eleanor Foster moved his family from the Lou Bassett farm in Independence to the Harrington farm in Fulmer Valley.

Miss Elvira Dean returned Monday to Ohio after spending her holidays at her home on South Hill.

Mrs. Don Mullen has returned to her home at West Greenboro after spending some time at the home of Mr. and Mrs. Ira Evans of Freeport.

Mrs. Miranda Atkins of Independence has been spending a few days at the home of her sister and family, Mr. and Mrs. Robert Church.

Mr. and Mrs. Harry Pease and children of Stannards passed the New Year's week-end with his parents, Mr. and Mrs. William Pease.

Mr. and Mrs. Harry Baker spent from Saturday until Monday in Hornell with their daughter and family, Mr. and Mrs. Albert Denahan.

Miss Reva June Swarts of West Greenboro, spent from Thursday until Monday at the home of her aunt, Mr. and Mrs. O. A. Kemp.

Mr. and Mrs. H. D. Roberts passed the New Year's week-end in North Bingham with her mother, Mrs. Melvina Robbins.

Miss Doris Langworthy, who is at the State College, Pa., was a recent visitor of her grandparents and uncle, Mrs. Agnes and E. C. Langworthy.

One visitor in Bradford, Pa., this week, sent there by the Standard Refractor Company of



by Alex Backus

The 1936 session of the state legislature due to begin January 8 in Albany is going to be a long one — and it may be a bitter one.

One of the reasons for this will be the controversial Taylor Law.

The Taylor Law was drafted by the state legislature in 1926 as a means to the traditional and ultimate weapon of unions, the strike.

The wisdom of teachers and mental institution employees is a serious challenge to the Taylor Law as it now stands. It really is an alternative.

The law was passed when Democrats controlled the Assembly.

But now Republicans control both houses and leaders have already said they are considering changes.

An obvious target will be the penalty sections of the law.

Under the present law unions may be fined up to \$10,000 a day for each day of a strike, and their right to dues check-off suspended for up to 18 months. Union leaders may also be fined \$250 and jailed for up to 30 days.

The original proposal called for a fine of a full year's dues — but it was watered down by the Democratic controlled Assembly.

Governor Rockefeller indicated recently that he might sign an amendment that fines a union a year's dues.

Some Republican senators, including Senate Majority Leader Earl W. Brydges of Niagara Falls and John H. Hughes of Syracuse, want more. They are interested in amendments which would bring state-law closer to federal regulations banning strikes by public employees.

Under federal law, which makes it a felony for an employee to strike, each person can be fined \$1,000 and jailed for a year.

They are also considering decertification — a union that strikes would be decertified, its right to represent public employees taken away. Elections would be held and other unions would be given the chance.

It would put the union leaders right out of business. Labor organizations, which have backed Governor Rockefeller in his election bids strongly in the past, can't be expected to take all this talk lying down. They will fight.

The original decertification clause drew bitter attack from unions and it was dropped. The Republicans had raised the maximum fine of a full year's dues but had to drop it when the Democratic controlled Assembly refused to pass it and threatened to jeopardize the entire bill.

Wellsville to study the operations of a plant similar to the one being erected in Wellsville.

Rev. and Mrs. E. E. Dronsfeld and daughter of Victor, were guests at the Folsing home Thursday and Friday.

Mrs. H. C. Burgett of Perry is visiting her daughter and husband, Mr. and Mrs. E. H. Highy.

Miss Pearl Goodridge passed the week-end at the home of her aunt and uncle, Mr. and Mrs. Theodore Schoonover in Wellsville.

Keep on Buying Savings Bonds

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