HEALTH FOR ALL

This column is sponsored, the interest of better health by the Allegany Health Tuberculosis Association, Schuyler St., Belmont, N.

Varicose Veins

variety of reasons, the most common, of course, being pain and discomfort. Sometimes the motive is primarily one of vanity.

checking with their doctor these days at the first appearance of varicose veins.

For varicose legs are unattractive, with their enlarged, bluish veins swelling above the surface of the skin, sometimes in lumpy Varicose veins, enlarged veins whose walls have lost their elasticity, may occur anywhere in the body, but they are most common in the legs.

When a person is standing, blood

You Can Help

Varicose veins are rarely fatal.

crescendo of death on the highways—the worst fatality toll in a decade.

Be selfish with your own life—careful with the lives of others.

What can you do about it?

someone's—and waste it on the highways.

become death statistics.

SAVE 10,000 LIVES

You—the man, woman or teen-ager behind the wheel—have a big responsibility!

In 1950, 35,000 persons were killed in traffic accidents. Last year there was an increasing

Your acts of safe driving are vour contributions toward a greatly lessened death toll. Every

time you lower your speed to stay within safe limits, drive more carefully as night and weather

conditions demand extra care, stay in your own traffic lane and abide by all the rules of

the road, you are contributing to greater highway safety. Being a safer driver is like giving

blood for a transfusion to save a life. Taking a heedless chance may spill your blood—or

Even half that number saved would help stem the rushing tide of death on our highways.

Don't ride with the reckless! Most drivers play fair and observe the traffic rules, but some

—the speeders, cowboys, road hogs, drinking-drivers and chronic accident repeaters—must

be forced to conform. Temptation to follow their bad examples means that more lives will

Drive As Though Your Life Depends On It TIT DOES!

10,000 lives to be saved in 1952 is a goal worth striving for by all who drive or walk.

Prompt treatment bring the patient relief, probably veins, like ulceration and bleed-

There is a reason why the legs—nant pool in the vein and a "Var-veins of the leg should be avoided. reaffectied—most—frequently. icose vein" results.

Overweight, which places a strain on other parts of the body pressure in the long veins of the But if they are negeleted, they get also puts an extra burden on the legs is increased and the longer a progressively worse and cause the leg veins and their delicate valves person stands, the greater the sufferer more and more pain. and hence should be avoided. strain on the leg veins. Policemen, Anyone who suspects the veins are Those whose work calls for standwaitresses, salespeople—those who enlarging, whether or not there is ing a great deal should get of

-Maybe Your Own!

their feet for short periods as frequently as possible. Varicose veins are but they should never h personal appearance.

discomfort they cause in the re gion of the legs, they constitute, nindrance to normal circulation The doctor is the best person to treat this detriment to health and For Athlete's Foot Use T-4 for 3 to 5 days, Jr the old tainted skin slough off to

COMMUNITY LETTERS

From News Correspondents

Davis Hill uly 1-Mr. and Mrs. Roy But-visited their son, Arthur and at Angelica Sunday.

Mr. and Mrs. Charles Dungan two daughters of Almond visited her parents, Mr. and Mrs. Sunday afternoon. Mr. and Mrs. Ray Jackson and Mr. and Mrs. Roy Button. William Edwards of Belmont

Orville Perkins were visitors in Wellsville were guests of his par-ents. Mr. and Mrs. Frank Halsey

Rutton and family Saturday even-

Mr. and Mrs. Fred Halsey and family of Hornell were guests of parents, Mr. and Mrs. Frank remained for a week's visit. family of Wellsville and Mr. Halsey, in honor of Mrs. Halsey's irthday Sunday.

independence

Mrs. Floyd Clarke, Reporter are holding an Ice Cream Social and Bake Sale at the Par-House July 3 at seven o'clock. Mrs. James Stevenson of Olean visiting Mrs. S. W. Clarke this

Laura Crandall, S. B. Cran-, Mr. and Mrs. C. M. Crandall Mr. and Mrs. Floyd Clarke Crandall at the home of Mr. and Mrs. Richard West in Alfred Sun-

Mr. and Mrs. Earle Greene attended the wedding of a niece at the home of Mr. and Mrs. Denhis in Jasper Sunday.

Kitch Woodcock on Beach Hill per. Mr. and Mrs. Carl Tassell, Mrs.

t Camp meeting held there this fungicide. Stephen Clarke and Sammie are certained for Mr. John J. Lewis over. . Avon to demonstrate a very handy slicer and stainless steel

The Missionary Circle will meet for you. at the Church Tuesday to work on dopen Monday, July 7 at 9 a. at the Parish House and will for two weeks. All

aldren are urged to attend this

South Hill

Mrs. Earl. Schoonover, Reporte-Jack Clark and Wally Clark of dependence received their diplomas for a week's course in ** Swimming at the Y.M.C.A. in Hor-Saturday evening. Miss Barbara Clark is spending al weeks with her aunt, Mrs. Lowell Grantier in Whitesville. Mrs. Clifford Nye and sons,

and Douglas spent Thurs-

"and Mrs. Richard Nye and were Thursday home callers at the Cecil Clark

> The Race of Man consists of a man's

J. S. good investment.

Agricultural News

. IRA BLIXT, County Agent

Reports have already come into the Farm Bureau Office regarding the presence of Mexican Bean today. Beetles in some Allegany County

very important in keeping bean beetle damage to a minimum. the infestation of "hard shells"; serious now, two applications are recommended-one now and again tation is light with many masses of eggs apply one spray when it appears that half of the egg masses have hatched. Either dusts or .. sprays are effective he said. Here are the control recommendations. If a dust is used—either 1per cent parathion or 34 per cent rotenone plus 2 per cent DDT. If a spray

is desired, use 1 lb. of 15 per cent wettable parathion powder per 100 control of the school. This was gal. water of ½ pint 25 per cent parathion emulsion per 100 gal. water or 4 lbs. of 4 per cent wettable rotenone powder, plus lbs. of 50 per cent wettable DDT powder per 100 gal. water. lower pressure and lower gallonage Halsev Sunday, their son, Sylvest- than 100 gals. per acre is used, to that amount of water.

The agent warned that a great in handling parathion, as it is a then that the Berlin city authorities

followed in controlling the chief tomato diseases occurring within the next few weeks. Following is a spray or dust program which will effectively control the three principal tomato diseases—Anthracnose; early blight and late from foreign countries. Law, medi-

made about July 10th and contin- ulum. ued every 10 days up until about August 20th or 30th. For large tomato areas zerlate, copper zerlate, copper, copper treatment

The zerlate sprays would contain about 2 lbs. of zerlate per anniversary of Mr. and Mrs. E. R. 100 gals. of water or, in lesser type of "bank" which collects and amounts, 1 oz. in 3 gals. of water. The copper spray would consist of 8 lbs. copper sulfate, 4 lbs. of hydrated spray lime to 100 gals. water. (For smaller amounts buy a prepared bordeaux mixture.

If dust is preferred, follow the ter. Mr. and Mrs. S. W. Clarke at-same schedule using 10 per cent tended the Woodcock family re- zerlate dust and a metallic copper union held with Mr. and Mrs. dust containing 6-7 per cent cop-

For small garden areas, Mr. Blixt said, growers may want . A. Clarke, Mrs. Stephen Clarke depend only on metallic copper were in Union Springs Saturday found in many dual garden dusts and Sunday attending the Adven- containing both an insecticide and

the engine of this used car would Mr. and Mrs. John E. Lewis en- develop 60 horsepower. Look it

The Dealer—The 60 horsepower is all there, only they appear to be pulling in opposite directions

The first Pulitzer prize was aworded in 1918.

NEW MACHINERY Allis Chalmers Tractors; Model CA. Massey Harris Tractors, models 44, 30, 22. Allis Chalmers Combines, with bins or baggers. Massey Harris Combines. Field Foragers — Allis Chalmers,

and New Holland. Hay Balers — New Holland and Massey Harris. New Idea Manure Spreaders Plows - Harrows - Farm Wagons Full Line of Hay and Grain Ele-

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Berlin 'Free University' Has Seen Steady Growth

A 'free university' opened in the U.S. sector of Berlin in 1948 as a counter-measure against Russian dominated Under-den Linden university, has grown in student enrollments from 2200 students to 5,000

Twenty per cent of the students Mr. Blixt warned that timing is and a quarter of the student body is comprised of women, a percentage that would have been inconceivable in pre-war Germany.

When the western powers entered about July 15th. If the infes- Berlin in 1945 they discovered that the Russians, who had arrived some months earlier, had already begun reorganization of Berlin university along Soviet lines. The U.S. education representative at that time proposed that the university should be properly placed under control of the Berlin city government so that all four occupation powers would share blocked by a Russian veto and the university opened in 1946 under Russian control. Communist professors were installed in key positions and the University was flooded with student party-liners.

When the majority of the students; add same amount of insecticide resisted Communist pressure, more direct methods were applied, six students were arrested and kiddeal of caution should be used napped in the spring of 1947. It wasdecided to open a new free univer-

sity in the western sectors of Berlin. Today 42 per cent of the students in the new University are refugees from the Soviet zone, nearly half of the remaining students are from west Berlin with 5 per cent coming from western Germany and the rest cine, philosophy and economic and The first application should be social science make up the curric-

> New Type of 'Blood Bank' Preserves Blood Vessels

Doctors have established a new preserves human blood vessels. The first such bank has been established at New York Hospital, Cornell Medical Center and Bellevue Hospital, part of the New York University-Bellevue Medical Cen-

Desirability of such a bank became apparent with the development of new techniques of cardiovascular surgery in which normal blood vessel grafts from deceased persons are transplanted to patients with diseased or abnormal vessels.

The use of blood vessel grafts is already well recognized in surgical treatment of patients suffering from constriction of the main artery of the heart, malignant conditions necessitating the sacrifice of a vital blood vessel, and aneurysms, a dilation of the walls of an artery resulting in the formation of a bloodfilled sac.

Dr. Robert E. Gross of Boston is believed to be the first to successfully use blood vessel grafts as early as 1948. He preserved sections of vessels for future use but on a small scale.

The New York bank, on the other hand, draws its supply from all available New York hospitals. was established in July, 1949.

Rice-Food of Strengtn The high nutritive value of rice as

a daily diet is adequately attested by the survival of hundreds of Americans who fell prisoners to the Japanese during those grim days of 1942. Through more than three and a half years of imprisonment, these soldiers and sailors were subjected to Nipponese brutality, were worked unmercifully, and yet their diet consisted of no more than three, or sometimes as little as two small bowls of rice per day. Occasionally, it is true, this diet was augmented by a thin broth, and perhaps a little black bread-but, always, there was rice. And it was rice, even in incredibly small quantities which sustained their strength under brutal, slave-work

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FOR SALE—nice 'eating potatoes by bushel or half bushel call Leroy Wright 3827. Wallace Boyd

condition, bench quanity of sheet music. Low price quick sale. Dial 3135 Fay

African Violets-limited supply blue and purple at 25 cents and up leaves 10 cents. Delivery in town. Mrs. Pauline Lusk, Diat Andover

FOR SALE-Roll Roofing and Roofing Supplies. 3 in 1 Heavy years 8 months. The Dean ex-Butt Trip Shingles. Baker's Hard- plained that this was for the larg-

FOR SALE—Set Allis Chalmer tractor plows. Frank Holmes - Many farmers who bought E

healthy. Healthy septic tanks do get cash at the maturity date, but not have to be pumped. 4 treat-unless they needed the money ments only \$1.49. Baker's Hard-these bonds could be held for ar ware. Andover,

for as little as \$5.55 per month banks if necessary.

after down payment. — YOUR WANTED

To Let on Shares-About 20 acres of hay. John Button, Phone

WANTED-High school wishes work by the hour. Dial 3473 Dale Kenyon, Grove St.

Says New Bonds Have Value To State Farmers

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Cornell University. "The higher rate of interest and the faster increase in value proved E Bond an attractive seof red heads; white, pink, crchid, curity for the small saver," added

He went on to point out that the "H" Defense Bond was an entirely new Series. It is a currentincome bond which pays 3 percent interest during its-life of 9 er save as it was available in min-

imum amounts of \$500. Interest is paid by semi-annual check. Bonds in 1941 and 1942 still have SEPTONIC-Keeps septic tanks ers of these bonds that they could additional 10 years. During this next 10 years the bonds would AUTOMATIC HOT WATER yield 3 per cent interest and packaged in glass can be yours could still be redeemed at local



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