HEALTH FOR ALL

This column is sponsored, in the interest of better health, by the Allegany Health & Tuberculosis Association, 44 Schuyler St., Belmont, N. Y.

Mental Illness

Recent years have witnessed great popular as well as medical interest in the mental health problems of this nation. Federal and state legislations, books, and magazine articles, and motion picture, radio, and television dramas dealing with mental abnormalities reflect this awareness.

Figures on the number of persons suffering from mental ailments seem to justify concern. There are nearly 700,000 mentally ill people in hospitals, occupying half the total of all hospital beds in this country. In addition, it is estimated that there are eight to ten million people, not now hospitalized, who need treatment for mental ills of one kind or another.

These high figures do not necessarily indicate that mental illnesses are on the increase in this country. It may be that we are more aware of the problem because more attention is being paid to mental health than ever before. Moreover, increased medical knowledge of the human mind and its ills has helped doctors detect and treat more cases of mental illness.

Of course, all the mentally ill are not suffering from hopeless insanity. There are various kinds and degrees of mental illness, ranging from the simple and harmless to the more complex and dangerous. But the main thing for people to realize is that any mental or emotional disturbance is an illness like any physical disability and that it can be corrected in the majority of cases with proper treatment. And like physical illness, the earlier mental ailments are detected and treated, the easier the cure.

Mild mental and emotional troubles can frequently be treated by the family doctor, or by a specialist whom he recommends. Even in cases of severe mental illnesses, excellent work is being done by doctors, nurses, and medical social workers in hospitals and clinics. At least 65 per cent of patients cared for in mental hospitals today are discharged as cured or improved.

It is believed that social problems such as juvenile delinquency, sex crimes, alcoholism, and our high divorce rate, all of which concern community welfare, have their roots in mental illness. Since most adult mental ills can be traced back to childhood, preventive measures should begin early. Parents should do all they can to make a child feel loved and secure and to help him overcome early emotional difficulties, or take steps to get him under medical care if he shows signs of serious mental disorders.

In most cases, mental illness develops slowly and gives warning signs before the more serious stages. As with most physical illnesses, it calls for prompt medical treatment so that the person afflicted can recover and lead a normal, happy life.

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9 Different Flavors In Pints, Quarts, And Half Gallons

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FISH FRY — Friday 60c

12 Noon to 9:00 p. m.

GLEASON'S Restaurant

Save Wear on Suits

Thrift is always in style but when prices are high there's even greater incentive to get as much mileage as possible from family clothing. One wear-saving tip that comes from clothing specialists has to do with underarm shields for men's or women's woolen suits.

You can make these shields of fabric that matches or is similar to the suiting in the coat. Cut two pieces of wool cloth the shape of shields—one for each underarm. Bind the shields with rayon. Rip the lining apart from the armhole just far enough to tack the shield in place. Slip-stitch the shied to the coat lining around the outer edge and sew the lining back in around the armhole. The shields not only protect the coat from perspiration stains but also absorb some of the friction wear caused by the movement of the arms.

For Small Fry—A place to Bounce

Bouncing babies will continue to bounce long after they've outgrown the infant stage. As every mother knows, small fry love to bounce on beds, sofas, chairs, davenports — anything that has resiliency. And, of course, the exercise is fine for the kiddies if not for the furniture. Mothers who would like to save wear and tear on chair and bed springs might solve the bouncing problem by putting an old mattress in the back yard where the kiddies can jump and tumble to their heart's content. Think of the saving, too, on mother's nerves!

If a farmer gave away the beans in a 16-cent can of pork and beans, the cost to the consumer would still be 14 cents at the grocery store.

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SUNDAY JUNE 3rd

Starting Time 2:30 p.

Gates Open 12:30 p.

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Have Your Car Serviced Regularly, For a Little GREASE Prevents a Lot of WEAR.

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Our many customers know that the big majority of our prices are considerably under allowed ceiling prices. We have geared our cost of doing business to allow us to sell real quality foods at lowest possible prices.

De-Lish-Us FRIED CAKES	doz. 19c
Durkees MARGARINE	lb. 29c
BUTTER, Cloverbloom, foil wrap	lb. 79c
Shurfine Crushed Bantam Corn, 16 oz. can	16c
AMERICAN BEAUTY PORK & BEANS	lg. 2½ can 2 for 39c
PETER PAN Peanut Butter, 28oz., ceiling price 75c	59c

MEAT SPECIALS

READY-TO-EAT FRYING CHICKENS, 2-3 lb. avg.	lb. 63c
PORK ROAST, Boston butt	lb. 59c
PORK STEAK, sliced	lb. 65c
COOKED, READY-TO-EAT PICNIC HAMS	lb. 55c
SMOKED HAMS whole or string end	lb. 63c

WILSONS U. S. GOOD BEEF STEAKS and ROASTS

PRODUCE SPECIALS

WATERMELONS	each 99c
BANANAS	2 lbs. 33c
NEW POTATOES	10 lbs. 47c

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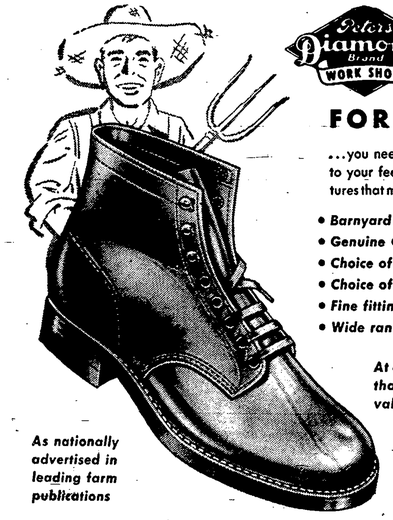

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FOR FARM WORK

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- *Choice of Cushion or regular insole*
- *Choice of Sole Types*
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- *Wide range of sizes and widths*

At a low price that means value **$11.50**

As nationally advertised in leading farm publications

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121 Main St., Hornell, N. Y.

HAPPENINGS of Local Interest

Mrs. Gertrude Trowbridge of Franklinville is clerking in the Red & White store.

Mr. and Mrs. Robert Church entertained at their home Sunday at a family dinner to observe the birthday anniversary of Mrs. Church and Lee Meyn.

Hollis Peckham is back on the job at Ford & Peckham's after several weeks absence and Henry Ford is ill with the measles.

William H. Bassett, 87, of Alfred died Sunday following a short illness. Mr. Bassett had been Justice of Peace in Alfred for 20 years, was prominent in Masonic circles, the Alfred Rod & Gun Club and the Crandall Hook & Ladder Co. Masonic services were held at the home Tuesday afternoon.

Mr. and Mrs. Edson Pierce of Alfred Station observed their 50th wedding anniversary Wednesday, May 30, with open house at their home in East Valley.

At the annual session of the Grand Court, Order of Amaranth, Inc., State of New York, held in Buffalo recently, Mrs. Madolin Bliss of Bolivar was elected to the state office of Grand Associate Conductress.

State Agriculture Commissioner C. Chester Du Mond has accepted an invitation to make the principal address at Rome, June 2, when America's cheese industry observes the 100th anniversary of cheese-making in New York State.

The meat supply in the United States should provide 148 pounds per person this year which is three pounds more than the average for last year, the Department of Agriculture estimates.

The Genesee River bridge at Belfast has been closed because of the condition of the center pier and a temporary bridge is to be constructed.

Mrs. Floyd Scott of Cuba had the misfortune to fall and break her ankle Saturday.

Wellsville Man Named Masonic District Deputy

W. Kenneth Williams of Wellsville has been appointed District Deputy Grand Master of the Allegany Masonic district, it is made known by Richard A. Rowlands, Grand Master of Masons in the State of New York. He succeeds Lyle A. Bliss of Fillmore, who was District Deputy last year.

Mr. Williams is a member and past master of Wellsville Lodge No. 230, and is also a member of Wellsville Chapter No. 143, Corning Consistory, Corning Council No. 53 and is secretary of the Allegany Past Masters Association.

Harold W. Funk of Richburg was named to the Committee on Masonic Education and Lodge Service, and Loren L. Gilbert of Rushford was appointed Grand Sword Bearer of the Grand Lodge.

The new appointees will be invested in office during Grand Master's Day, which is also the Feast of St. John the Baptist, June 23rd at the Masonic Home in Utica.

County Legion to Hold Convention at Cuba, June 21

The Allegany County American Legion convention will be held at Cuba Thursday, June 21, at which time officers for the ensuing year will be elected and installed by Eighth District Commander Harold Burlingame of Warsaw and staff.

The slate includes the following:

Commander: Timothy Best of Bolivar

First Vice Commander: Ralph Allen of Andover.

Second Vice Commander: Donald Haskins of Rushford.

Third Vice Commander: Dr. Norbert J. Behringer of Friendship.

Sergeant - at - arms: Eldyn Brooks of Angelica.

The Eighth District American Legion convention will be held at Olean Saturday, July 21, and the State Convention will be held in New York City August 9, 10 and 11.

Alfred Ag-Tech Commencement June 4

The graduating class of 212 will receive Associate Degrees in Applied Science at the commencement exercises for the New York State Agricultural and Technical Institute at Alfred, to be held Monday, June 4 at 10:30 a. m. This years graduates will be the first to receive the degree from the State University of New York.

Francis E. Almstead, Curriculum Coordinator for Technical Institutes and Community Colleges, State University of New York will be the commencement speaker.

The Baccalaureate service will be held Sunday, June 1 at 8:00 p. m. The speaker will be Rev. Ward Flaxington of the Westminster Presbyterian Church in Hornell.

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Portable Equipment

Richard Johnson

At The Former L. E. HOWLAND Farm on Andover Wellsville Road

Births

Mar 17: To Mr. and Mrs. Dean Congdon of Cuba a son.

May 17: To Mr. and Mrs. Donald Weaver of Cuba a son.

May 18: To Mr. and Mrs. Arthur Carney of Friendship a daughter.

May 21: To Mr. and Mrs. Gerald Palmer of Angelica a daughter.

May 22: To Mr. and Mrs. Arby Swift of Cuba a son.

May 23: To Mr. and Mrs. James A. Richardson of Wellsville a daughter.

May 23: To Mr. and Mrs. Andrew Carter of Wellsville a son.

May 26: To Mr. and Mrs. Kenneth Ramsey of Belmont a daughter.

May 27: To Mr. and Mrs. Clarence Sherwood of Wellsville a son.

May 27: To Mr. and Mrs. Leo Graham of Wellsville a daughter.

May 28: To Mr. and Mrs. Bernard Stahl of Bolivar a daughter.

May 28: To Mr. and Mrs Lawrence White, Jr., of Whitesville a son.

May 29: To Mr. and Mrs. Norman Ives of Genesee, Pa. a son.

Marriages

April 22: Miss Mavis Thimsen of Rapid City, S. D. and Cpl. James G. Smith of Wellsville.

May 18: Miss Mary Wood of Holland and Pvt. Charles E. Gamble, Jr., of Cuba.

May 17: Miss Maxine Paulhames of Beaver Dams and Pfc. Dale Ordiway of Friendship.

May 19: Miss Joan E. Abbott and George T. Bush both of Bolivar.

May 26: Mrs. Marion Vanderhoof and Martin W. Jensen both of Wellsville.

May 29: Mrs. Ina Burdick of Belmont and Walter J. McEnroe of Wellsville.

Deaths

William H. Bassett, 87, of Alfred, May 27. Three sons and a daughter survive.

Mrs. Margaret Brown, 74, of Wellsville, May 27. Two daughters, a son and a brother survive.

Mrs. John Wagner, 72, of Birdsall, May 25. Her husband, two daughters and a son survive.

Earl M. Winchell, 70, of Cuba May 16. His wife, five sons, two sisters and a brother survive.

Mrs. Raymond Sweet, 60 of Rushford, May 18. Her husband, four daughters, three sons, two sisters and two brothers survive.

Mrs. Harriet Lyons Robinson, 70, of Angelica, May 26. A brother survives.

Henry Gallman, 71, of Wellsville, May 28. His wife, a son, a daughter and a brother survive.

Dates Claimed

June 10: Grange Turkey dinner.

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It isn't hard to Kill Moths if you spray your Wollens with powerful

Bridgeport Aer-a-sol

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Moth Tox

Just Spray Moth Proofer Right From The Container. It's So Easy To Use And Moths Get The Staggers Just APPROACHING TREATED FABRICS

Aer-A-Sol Bombs	$3.98
Aer-A-Sol Refills	$2.25
Moth-Tox	$1.69

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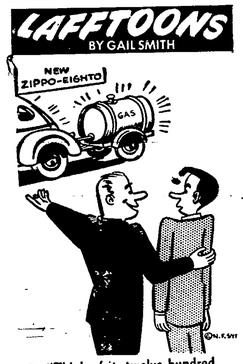

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THE **Market Basket** Stores

T-I-D-E

Gets clothes cleaner than any soap!

large pkg. **29c**

Green Giant Peas 2	No. 303 cans	39c
Tomato Juice	Gra-Pak large 46 oz. can	25c
Salad Dressing	Dolly Madison qt. jar	49c

TUNA FISH

BITS O' SEA can **25c**

Nabisco Sandwich	Oreo Creme 6½ Oz. Pkg.	23c
Sweetheart Soap	1c SALE 4 Reg. 27c 4 Bath Size	39c
Heinz Strained Baby Foods	Jar	10c
Delmar Margarine	Lb. Pkg.	29c
Hunt's Peaches	California fancy halves No. 2½ Can	29c
Musselman's Jellies	assorted flavors 2 Lb. Jar	35c
Chocolate Drops	Lb. Box	29c

TOMATOES

fresh red ripe tube **19c**

Florida Juice Oranges, 200's	Doz.	35c
Fla. Seedless Grapefruit, 70's	3 for	25c
California Navel Oranges, 150's	Doz.	69c
Home Grown Radishes	Large Bch.	5c
Large Eggs	Sunny Meadow Grade "A" White Doz.	66c

New **Potatoes 10 lbs. 49c**

Fresh Fryers

Table Dressed

NO WASTE

lb. **63c**

Skinless Wieners	Armour Star Lb.	65c
Meat Loaves	Plain, pickle & pimento, macaroni & cheese Lb.	59c
Braunschweiger	Armour Star Lb.	59c
Red Perch Fillets	Lb.	43c
Haddock Fillets	Lb.	43c
Halibut Steak	center slices Lb.	69c

Veal Roast

boned, rolled no waste—lb. **69c**