### HEALTH FOR ALL

the interest of better health, by the Allegany Health

sure!" you are not only using a consult his doctor. Frequently dressings charges. There appopular expression; you are lit he will find his suspicions were peared to be no way of by-pass-erally pointing out to him that false, but if he does have high the pressure of blood in his ar-teries is haing increased by his blood pressure he will have the the child's route to future health teries is being increased by his benefit of new and effective through arrest or cure of the emotional upset, whether it be treatment which has been devel-

or by narrowing down of the and old age. Many of us refuse through the New York State Diblood is pumped. Thus, every- as young as we used to be," and one's blood pressure is constant- subject the heart and arteries to heart that we means to blast this road block the same terrific strain that we ly changing within certain limits, the same terrific strain that we depending on whether a person did in our more resilient youth. mal health. excited and under tension.

person's blood pressure to be blood pressure stays more or less!

ly high blood pressure and live destroyed. a normal life for many, many, If the pressure gets too apparence apparence of the pressure gets too apparence appare great there is the danger that one of the vessels might burst. One artery in the brain is weaker than most and this one is the one most likely to give way resulting in what is commonly calla "stroke." Furthermore, the blood pressure remains high; for a long time it makes the intended it should to keep the rate. This overwork may cause Morning Devotional Hour. the heart muscle to become en-

larged and weakened. Many people in this country suffer from high blood pressure, and it is believed that the rapid pace of our existence here—hard

Seemy us

also be a warning that a person Fund Help is suffering from some illness,

HIGH BLOOD PRESSURE | detected at a routine annual The parents were faced with detected at a routine annual The parents were faced with physical examination. However, that eternal problem—funds physical examination. However, anyone who suspects he might needed to take the child to Buf-"Watch your blood pres- have high blood pressure should falo and pay the hospital, drug,

excitement, anger, fear or anx- oped for certain forms of high The Allegany County Cancer blood pressure. Field Army learned about the

emotionally calm and relaxed, or strength and energy as one gets excited and under tension.

It is perfectly normal for a way to avoid high blood pressure.

The following strength and energy as one gets of story:

"Dear Mr. X:

"The illness

Fire did an estimated \$6,000, nesday morning. The pavilion

STREET MEETING Sunday 6:30 p. m.

Main and Greenwood streets —Featuring—

heart work harder than nature Special Music and Testimonials Young Adult Choir from our

C. & M. Alliance Church Mrs. Karl Kiel will sing.

COME and JOIN US

come agges is a factor Here is One Way in Which Gifts to Cance.

THE ANDOVER NEWS

iety.

Blood pressure can be increased by the heart's beating faster
be more common in middle age
the blood pressure.

High blood pressure seems to infant and its parent's problem.

be more common in middle age
the blood pressure.

Immediate action was found in the problem.

The following letter tells the

"The illness of your baby, your mental anguish and finan-"high" when he runs, for example, or climbs stairs or is emotorionally worked up. It is when brookland Club

Thigh when he runs, for example by the stairs or is emotorionally worked up. It is when brookland Club

Thigh when he runs, for example by the stairs and linant process of the stairs or is emotorionally worked up. It is when brookland Club

Thigh when he runs, for example by the stairs or is emotorionally worked up. It is when brookland Club

Thigh when he runs, for example by the stairs or is emotorionally worked up. It is when brookland Club not a general practice of the American Cancer Society, New constantly at a high level that a damage to the Brookland Club York State Division to render person is said to ahve "high blood near Galeton, Pa., early Wed-financial assistance, we have at person may have abnormal-kitchen and dinning room were and duty bound to assist men would like to do something to

relieve your burden somewhat, and are willing to reimburse you for necessary travel expenses when taking your baby to Buffalo, dressings, medicants and some hospital care.

"Please remember, however, that because of the tremendous Brother Paul from WLEA's demands made upon us we canpay for medical rendered. All doctors in New York State know this. We, of the New York State Division, realize that this is a hard cross to bear and that is why we would like to step in and re-

> "Stephen E. Godden, Secretary & Treasurer"

# Farmers Attention

WE NOW HAVE Ceresan:—To treat seed

grains In 1 lb. and 4 lb. cans

Formaldehyde To treat seed grains

Semesan Bel:—To treat Seed Potatoes

B-E-S-T LUBRICATION IN TOWN!

WE USE PROPER

WHITAKER'S Atlantic Service Andover, N. Y. Phone 796

-

### A Little Attention Will Frevent BREAK-DOWNS

Delay is Expensive...

when it means the possibility of a complete break-down for your car.

Let us take care of the little troubles -and never have big ones.

Mingus and Hoover

### Grade A Western Steer Beef

Round Steak lb. 79c Chuck	
The Best in Town,  Ground Beef	lb. 59c
SKINLESS WEINERS. Armour	's lb. 490
BACON SQUARES	1b. 29
From Stearn's Poultry Farm EVISCERATED CHICKENS	lb. 79
Haddock or Perch Fille	ts . 1b. 390
Ristter Com Country	11. 67

Ductor, Corn Country	· · · · · · · · · · · · · · · · · · ·
Dairy Cheese Milk	lb. 43c
Crisco	
Spaghatti Vimer . 3 lb.	box 390

spagnatti viner j ip	), DOX Jac
Shurfine Tomato Juice 46	oz. jr. 25c
Perma Brooms plastic	<u> </u>
Kirkmen Soap Flakes	pkg. 270

rirkmen Soap Flake	B. pkg. 410
Jello, all flavors	3 pkgs. 25c
Glass Wax	
Campbells,	•
Pork and Reans	2 cans 25c

Fork and Beans Z can	_
Soft Weave Toilet Paper 2 rolls Vicking Coffee	25c 39c

BANANAS	2 lbs	29c
STRAWBERRIES	qt.	49c
TOMATOES	tube	19c
ONION SETS, Ebenezer	2 lbs.	23c

MARKET FOOD

Local Interest

Joyce has been quite fection.

aught in the cellar hatchway and Tus Summer School at Alfred vited.

of the features of the School at Alfred nual Summer School at Alfred Nulsersity, according to James University, according to James University, according to James A McLane, acting director.

An inspector of weights and measures for the New York State Markets recently completed a Markets recently completed a Markets recently completed a Markets inspection tour of Alleweek's inspection tour of Al

Allegany county sportsman mencement speaker at the exersugar percentage rises to about three per cent and them drops laws during March. Anyway, May 30 at 10:30.

in Friendship. Dr. Johengen is the bells are hung in a skeleton leaving for Panama, Canal Zone, frame, not unlike the oil derto accept a government position ricks of the area. They were

\$289.50

FOR

cast by Peter Memony, Belgian brought to Alfred." by the Legion Auxiliary.

Vacationlands" for 1949 has Duate's Maple; been received at the News office. Best in Years

Mrs. Richard Coats has been A. ill the past week with an ear in-

pneumonia.

Mrs. Charles Gath entertain
ed the members of her official the best foreign wedding in La
staff at dinner Tuesday even
liant Carlsen in last week's News, it during which it is impossible to make high quality sirup," Cope the best foreign wedding in La
brang. His friends here be
a tour of the three main produc-The home of Reynolds DanielThe home of Reynolds DanielThe home of Reynolds DanielThe home of Reynolds Danielarticle should have read the hadirondacks, Central new York
first foreign wedding in Labrang and Western New York.

The Friendly Class of the three main producting regions of the state—the hadirondacks, Central new York.

The Friendly Class of the Adirondacks, And Western New York.

caught in the center in the house. Methodist Church will meet at producers who managed to get A special course in public the home of Mrs. Lynn Trowwho desired the home of Mrs. Lynn Trowghool administration will be one bridge, Monday evening, May quart of sirup for every bucket chool administration will be vited.

16, at 7:30. All members are in-hung being the state average.

Time and depth of tapping, said

Wellsville, County Sealer of May 27 to May 30. Dr. L. L. tion in the sap, started collect-Wellsville, County Beasures was doing Jarvie, Associate Commissioner ing sap when it contained two were fine conscientious job.

of Education will be the Com- and a half per cent sugar. The

The "New York State Vaca- This higher quality sirup has from the Conserva- tion Lands" gives the following been selling at about 35 cents tion Commission—March was an recognition to the Alfred Car-less a gallon at the farm than a illon: "The only carillon in the year ago, Cope says. This year's Dr. James Gray, formerly of New World dating from the 17th average price is about \$4.50, Springville has taken over the century, is on the campus of while in 1948 most sirup moved practice of Dr. Joseph Johengen Alfred University. Temporarily at about \$4.85 per gallon.

The Village of Belfast has just bell-maker, in 1674, and were completed a residence numbering used for more than two centures covering the entire vill-tuies on a wealthy European establishment of Mr. and Mrs. J. L. Cannon we can fill your "Decoration". project covering the entire vill-age. This would also be a good tate. When World War I threat-addition to the street naming ened, the bells were hidden. In project now being sponsored here the Legion Auxiliary. brought to Alfred."

The Legion Auxiliary.

The legion and tuies on a wealthy European espectable and the bells were hidden. In plants. — Hervey and Thorne, Water street.

### Births

Baker's Hardware News Dean Clark, Houghton, a son. Apr. 28: To Mr. and Mrs. Lynn Barber, Friendship, a daugh-May 3: To Mr. and Mrs. Ger-ald Green, Friendship, a son.

daughter.

May 8: To Mr. and Mrs.

Francis Houghtling, Wellsville a

d Carnes, Alfred Station a Oversize 9.3 cu. ft. daughter.

May 9: To Mr. and Mrs. Ro
mpletely Adjust- bert Sluyter, of Whitesville a

### Marriages

six brothers survive.

Six brothers survive.

Abram D. Burch, 53, of burg, Apr. 30. His wife, burg, Apr. 30. His wife, daughters, his mother, a and three brothers survive. Roe Patterson, 51, of Belmont, April 26. Three sisters and three

half brothers survive.

half brothers survive.

Mrs. Jennie Kaiser, 64, of
Friendship, May 9. A daughter
survives.

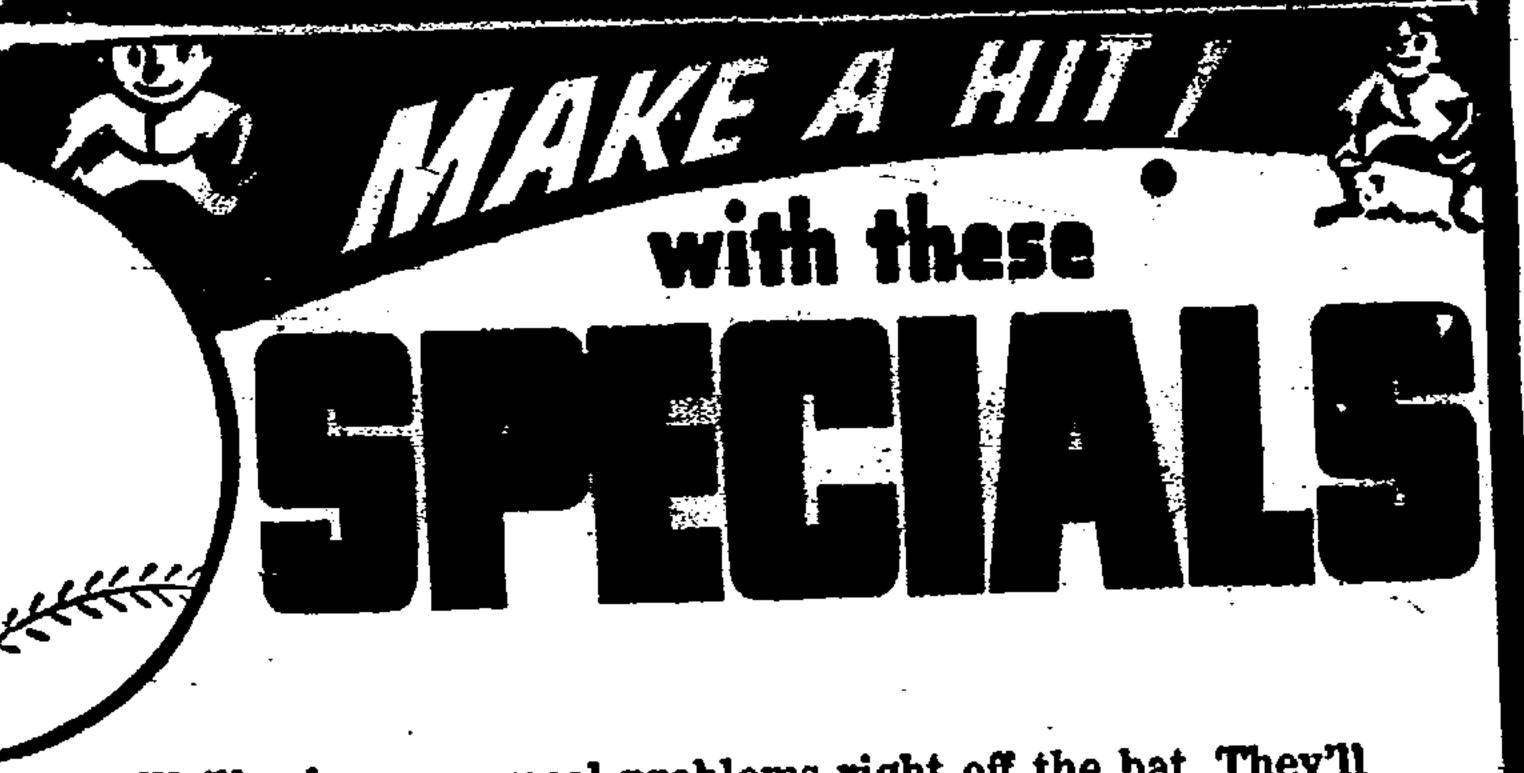
FRUIT OF THE LOOM PRINTS .... 49c yd. NYLON HOSE . APRONS - Fast color prints ..... \$1.00 up

> PAPER DRAPERIES -- COTTAGE SETS HOUSE CLEANING SUPPLIES CLOTHES PINS CLOTHES LINES Floor Wax - Furniture Polish - Mop Handles

Renuzit Dry Cleaner - Brooms - Glass Wax, etc.

## THE H. H. WILLIAMS CO.

Open Evenings Until 8:30 P. M.



We'll solve your meal problems right off the bat. They'll come running home to meals—when you serve these appetizing foods! And remember—good food costs you less here—because we make sure you get high quality brands and fresh meats and vegetables that give you more for your money!





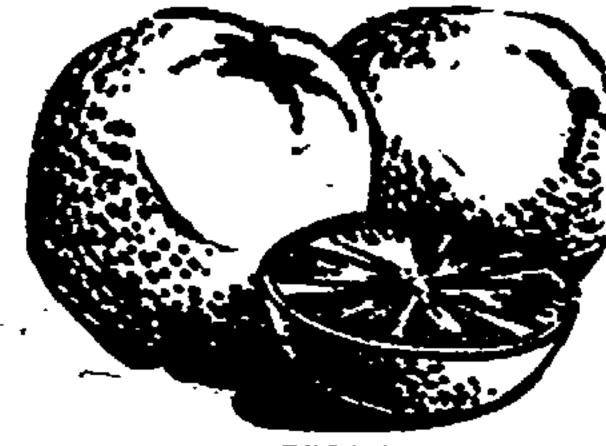
America's Favorite Salad Dressing

The salad dressing **QUART JAR** 

Ritz Crackers Nabisco

▼ Van Camp's Pork and Beans . . . . No. 2 16c ►

American Beauty Tomato Juice . 46 Oz. Can 19c Meisenzahl Macaroni or Spaghetti 3 Lb. Box 39c Yellow Bag Coffee . . . . Bag 45c 2 Bag 89c Terry's Choc. Covered Thin Mints 15. Box 49c Sweetheart Soap, regular size . . 4 tot 26c Sweetheart Soap, bath size . . . . No.21/2 21c Del Monte Spinach . . . . . . 



17c 3 Las 25c Fresh Spinach ready to cook 2 Phys. 25c Cello Spinach

Fresh Tomatoes, large size . . . Sunny Meadow Eggs White Hensey Des. 64c



Borrow the trim gleam of a fashionright flattie, made all in white sailcloth, and you'll have magic days galor. A jester with open toe and comfy fit, at.

ONLY \$2.98

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The Economy of Quality Pays off in Many Ways "Love At First Bite" Perfectly Describes our Top Grade Meats.

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