WAS TORTURED FOR TEN YEARS

With Terrible Stomach Trouble Until She Tried "FRUIT-A-TIVES".

MRS. F. S. STOLZ

3807 Sacto Ave., Sacramento, Cal.

"I had Stomach Trouble for 10 years, which became so bad that I got *Stomach Cramps two or three times a week.*

After years of terrible torture, I read about 'Fruit-a-tives' or Fruit Liver Tablets, and sent for a trial box and wrote that it was the last remedy I would use—i. 'Fruit-a-tives' did not help me, I would die.

After taking the trial box, I felt better, so kept on taking 'Fruit-a-tives' for nearly a year, and am thankful to say *'Fruit-a-tives' saved my life.*

It also saved a friend from an operation for Stomach Trouble, after he had given up all hope of getting well". MRS. F. S. STOLZ.

60c. a box, 6 for $2.50, trial size 25c. At all dealers or sent on receipt of price, by FRUIT-A-TIVES Limited, OGDENSBURG, N. Y.

ALTERATION SALE

Because of our great increase in business it has become necessary to remodel our store. While doing this we will conduct a great money saving sale of dependable merchandise including Dry Goods, Ladies' Ready-to-wear, Furniture, Rugs, Curtains, etc. This sale is from Saturday, Aug. 2nd to Saturday, Aug. 9th, inclusive.

ROCKWELL BROS & CO.,
Wellsville, N. Y.

Read our classified advs.

$3.13 FOR AUGUST LEAGUE MILK

League milk for August has been sold for $3.13, or about 6 2-3 cents per quart. This price is for 3 per cent milk at the 200 mile zone with the usual differentials for freight and butterfat. The August price is 12 cents a hundred more than was paid producers for July milk. It was determined by the price agreement now in force between producers and dealers which takes both market conditions and cost of production into consideration.

The average market price of butter for the thirty days ending with July 20th was $.5198. The average market price of cheese for the same period was $.3131. To the average of these prices together with the average price of skim milk and whey is added thirty-six cents to allow for costs of production. The result is the August price

The prices in the Buffalo District for August are $3.00 per hundred for 3 per cent. milk with the usual differential for butterfat or 29¼ cents a gallon, or $3.24 flat.

The flat price in the Rochester District for August is $3.41.

THE WAY TO FREEDOM.

Can you go where you please, do what you please, be what you please, so long as you do not interfere with the rights of your neighbors?

Are you free from unmet obligations?

Are you free from the worry of what will become of you in your old age?

Are you free to travel, to change your position?

Are you free to own a home?

You can be free in all of these particulars.

Thrift will give you the power to be free.

Begin saving now. One quarter will buy a Thrift Stamp. Four dollars plus a few pennies will buy a War Savings Stamp for which the government will pay you $5 in five years.

SAVE FIRST. SPEND AFTERWARDS.

NOTICE TO NATURAL GAS CONSUMERS

During the past two years the cost of everything used in the production and marketing of natural gas has increased materially and to help meet our increased expenses we find it necessary to advance the selling price of gas five cents per thousand cubic feet.

This new rate to become effective from and after the regular reading of the meter in July 1919 will be 45 cents per thousand cubic feet, subject to a discount of 3 cents per thousand cubic feet if settlement is made during the usual discount period as heretofore.

The procuring of a sufficient supply of natural gas for our consumers during the winter months is more difficult each year and economy in its consumption has become a matter of importance as the extent of the future supply depends very largely upon its conservation.

Empire Gas & Fuel Company, Ltd.
By H. Bradley, Pres't.

NR
Tonight
Tomorrow
Alright
THE REASON
Nature's Remedy
NATURE'S REMEDY
R. H. LEWIS MEDICAL CO.
ST. LOUIS, U.S.A.
NATURE'S REMEDY
NATURAL LAXATIVE
NR TABLETS