

feature were even more popular than ever. All around the building were various exhibits upon which the guesses were made. In one place, for example, were the chickens had to decide what kind was in each. Again, one might guess of what breeds were the chickens shown in several pens. The really helpful part of the whole thing was that the information is to be obtained in lectures and demonstrations, which were in progress in the building.

Any review of the week would not be complete without mention of the original play on country life called "They Who Till the Soil." You are thinking now of the "Hay-Rub" sort of drama which has traversed the country for many years you have a wholly wrong idea. This production was a serious attempt to portray the development of interest in the problems of the country. The story traced the history of an old family of New York farmers from the prosperous days late in the eighteenth century, through the terrible times just at the close of the nineteenth century and down to to-day when the boys and girls of the farm are getting a new vision of country life.

The rural school conference attracted a good many and the township school law which came up for discussion one day, was decidedly animated. There could be no question that as a whole the farmers in attendance were against the law and were strong for its repeal. It was equally certain that there is still much misunderstanding over the provisions of the law. The chairman of the Town Board of Thioa township told of his experience with the law the past year and after he had finished some, at least, appeared to have a better understanding of the law.

Mr. Mitchell was introduced by President Schuman of Cornell, in a speech in which he scored price fixing. He said the farmers could hardly be expected to raise bigger crops if they felt there was a possibility a price might be fixed which was below cost of production. By way of parenthesis it might be said that Dr. Jordan of the Geneva experiment station, in an address later in the week, while deprecating price fixing as a policy in normal times, said in abnormal times it might be the lesser of two evils. The big part of the food problem is production, said President Schuman. Conservation is important, but it won't produce one litter of pigs in all the United States.

State Commissioner of Agriculture C. S. Wilson, formerly a professor in the college, sounded a warning against frenzied farming which might look solely to present production and not to the future.

While the farmers must respond to the need of raising bigger crops, they must do nothing to impair the agriculture of the future, he said. One orchardist, of whom he knew was considering cutting down his orchard of fifteen years growth to raise other crops. Fruit is a food, and a needed food, declared Commissioner Wilson.

AGRICULTURE
Have a bigger, or at least a more productive, garden next year; can the surplus crops.

If you must have a pie on a wheatless day, use rye flour for the pie crust; also consider the use of an "open face" pie rather than the "haunting case" type.

Proper care of the brood sow now means more and better pigs. Pork will be in great demand.

Food administrators say that the coal shortage will be even more acute next winter. It is likely that the use of coal will be prohibited except in towns and cities. Better lay in a good quantity of wood.

Engage your farm labor early. The late employer gets the leftovers.

Did you lose the chance to increase in the first and second years of the year? There's a third chance to give you another year's increase. Buy your...

Food Question Box

These are some of the questions women are asking on food problems. They are answered by the Department of Health Economics of the State College of Agriculture at Cornell University, Ithaca, N. Y.

1. Have rye and buckwheat the same nutritive value as wheat?
Rye and buckwheat have a nutritive value very similar to wheat. Rye could replace wheat entirely, but because it has practically the same place in the dietary, and because it contains the gluten necessary for making good bread, it is not a suitable substitute for wheat in bread-making.

2. When is bread considered "victory bread"?
Any baker who uses no more than 80 per cent of wheat flour in his bread is permitted to advertise his product as Victory Bread.

3. Is fish a "brain food"?
When food values were first tabulated, fish was classified as a brain food because of the high per cent of phosphorus. There are many foods with more phosphorus than fish. Phosphorus is no more instrumental in developing brain than a number of other substances from which the brain is built.

4. It is necessary to seal cornmeal before using it?
The old practice in using cornmeal was to seal it before combining it with other ingredients in a recipe. This still seems to be a common practice in those parts of the country where cornmeal is used largely in place of wheat. Sealed cornmeal probably gives a bread which is more easily digested than bread made from the unsealed meal. This preliminary cooking may be advisable in the making of quick breads, such as pancakes. A lighter dryer, more crumbly texture which may be counteracted in part by using a little more leavening.

5. Classified advertisement, carrying a message of any importance, will almost always bring the answer.

AND NOW THEY ARE COOKING TOBACCO TO MAKE IT BETTER.

For a good many years The American Tobacco Company have been conducting a series of experiments having as their object the improvement of smoking tobacco.

And it is interesting to know that one of the greatest of their discoveries was one of the simplest, and that was, that cooking or toasting tobacco improved it in every way, just as cooking most foods improves them.

They took a real Burley tobacco, grown in this country; toasted it as you would toast bread; moistened it to replace the natural moisture driven off by toasting; and it was a new tobacco, called "LUCKY STRIKE," the toasted variety, and offered them to the public.

The result has been the greatest demand ever created for any tobacco product of similar length of time.

The change produced by toasting is not only wholesome, but the flavor is greatly improved, just as cooking is a great benefit to most foods.

THE UNITED STATES FOOD ADMINISTRATION SAYS:

There is no royal road to food conservation. We can only be satisfied with the voluntary action of our whole people, each element in proportion to its power. It is a matter of quantity or quality, not a matter of choice or preference. The only way to conserve food is to use it properly.

THE OLD LADY TAKES ON HARDSHIPS

By Edith Bernard Delane, of the Vigilantes

"Now look here, Mtry, don't you say anything to me about being cold or anything in the nature of a hardship! 'Course, I know you don't mean it the way some do, I don't mean to quarrel, just can't stand any more talk of that sort! Everybody I met up street either asked me if there was any coal at our house or said something about the scarcity of things or the price of 'em, till I just cut and out lost my patience! Land's sakes! I don't know what folks are coming to when they are afraid of what they call hardships! That's just what I up and told 'em too, right there in Hine's store!"

"Why, mother! How outrageous of you!" Mary laughed.

"Well, I don't care," said the Old Lady. "They needed it said to 'em, and I said, 'Look here, says I, do you know that this country of our wouldn't a found a place on the map at all, 'not had a boundary it could call its own, nor grown into a leading nation of the world, if it hadn't a been for the blessing of hardships? Do you know how many times your kin and mine come and tried to settle on this Atlantic coast before they could get foothold enough to enable 'em to stay? Do you know how many years folks lived in log cabins, with the wind whining thru the chinks and the wolves howling 'elsewhere, before the West was built up and won? Do you know what those poor shivering creatures at Valley Forge had to eat and to wear, or what they didn't have before they won your freedom as well as theirs? Do you know what 'twas like in the sixties, or do any of you remember it the way I do? Do you know all that and more and what come of it? And do you know how 'twas all won? Thru hardships, you got a country, and a fine big rich country, and plenty of education in it and plenty of good times and prosperity and room for your children to grow up safe in; and you got it because your forefathers weren't afraid of a little bit of hardening. And what's come of it is that this generation is downright afraid of hardening. You're afraid of the cold! You want the fat of the land all time and every time, because you've been having it, to waste and throw away! You're afraid of doing without something or of learning to put something else in its place! Shucks! I'm ashamed of every mother's son of you! Time, you got a little good healthy hardening, sooms to me! Why, hardships are as healthful as beans or baked apples, if you know how to take 'em! I wouldn't be willing to bring up a child of mine, no, nor even a grandchild, without some good old-fashioned hardships to give 'em backbone. And there you men over by the stove there are fussing because Tommy Hines hasn't coal enough to keep the stove going red hot! And you knowing there's hundreds o' miles o' trenches over there with men standing up to their knees in ice-water, and all so you won't have to come up against the hardships of 'em!"

"That's what I said to 'em, and I got so excited over it, Mary, that I plumb forgot to bring home your pound of sugar."

"The Outlook," February 6, 1918.

CERTIFIED BEED BEST

Be Sure the Certification Does Not Consist Merely of Green Tags on Potato Potatoes.

Man Says

That it pays to plant certified seed potatoes, but that the buyer wants to be sure that the certification consists in something more than a pretty green tag attached to the package, was the advice given by U. Thomas Powell, a successful potato grower of Glen Head, L. I.

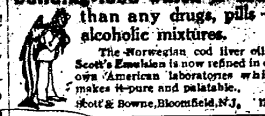
Care in cultivation and favorable climatic conditions are all important in getting good seed potatoes. The best of certified seed potatoes is not available in this country.

A POWERFUL AID

When you feel nervous and indignant, you have the first symptoms of declining strength and your system positively needs the special nutritive food made in

SCOTT'S EMULSION

to replenish your blood power, to give you strength and bring back the snap and elasticity of good health. Scott's Emulsion supplies Nature with the correct building-blocks which is better than any drugs, pills or alcoholic mixtures.



For 60 cents I will send at least ten packets of the most beautiful "Spencers" in a full range of colors, the finest in the world of this magnificent race of Swedish Peas, including also the packet of exquisite California Nasturtiums will be added to any order for 5 cents or a full ounce for 15 cents.

ONE SOLDIER'S THOUGHT
The sun was slowly sinking in a far-off southern town As a soldier sat by the camp fire on his face there was a frown He gazed around at his comrades and his thought began to roam

Back to a dear old northern town to a place that had been his home. Most of them were reading letters from ones they loved so dear

And into the lonely soldier's eyes there slowly crept a tear, I ne'er forget the folks back home, tho' I may cross the sea They were not my parents, but just as dear to me.

And when this war is over, with its hardships and its strife, I'm coming back to that northern town to settle down for life.

COUNTY COURT, COUNTY OF ALLEGANY

Granville M. Barney, Plaintiff against

Levi C. Van Fleet, DeEtta J. Van Fleet, John Milliken and Carrie Milliken, being the only heirs at law and next of kin, legatees, creditors and persons interested in the estates of Walter Milliken and deceased, and Eliza J. Milliken his wife, also deceased, the names "John Milliken" and "Carrie Milliken" each being fictitious, the true names being unknown.

Defendants.

To The Above Named Defendants You Are Hereby Summoned to answer the complaint in this action and to serve a copy of your answer on the Plaintiff's Attorney within twenty days after the service of this summons, exclusive of the day of service; and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint.

Dated this 31st day of January, 1918.

CRAYTON L. EARLEY, Plaintiff's Attorney, Office and P. O. Address, Andover, N. Y.

To John Milliken and Carrie Milliken, being the only heirs at law and next of kin, legatees, creditors and persons interested in the estates of Walter Milliken, deceased, and Eliza J. Milliken his wife also deceased, the names "John Milliken" and "Carrie Milliken" each being fictitious, the true names being unknown: The foregoing summons is served upon you by publication pursuant to an order of Hon. E. B. Reynolds, Allegany County Judge dated the 8th day of February, 1918, and filed with the complaint in the office of the Clerk of the County of Allegany, at Belmont, N. Y.

CRAYTON L. EARLEY, Plaintiff's Attorney, Office and P. O. Address, Andover, N. Y.

CHARMING SWISS PEAS, GORGEOUS GLADIOLI

Have Orders of Swis and Gladioli of These Garden Favorites

To lessen to some slight degree the gloom and sadness of the awful war, every lover of flowers will need more than ever before a row of lovely Sweet Peas and a bed of gorgeous Gladioli the coming season. And all that will be necessary to secure this very satisfactory result will be to take advantage of the following attractive offers:

Lovely Sweet Peas—For 30 cents I will send, postpaid, to any address, eight packets, each of separate name and color, including, at least, two or three of the exquisite orchard-flowered, or "Spencer" varieties. And to each order I will add a liberal packet of the loveliest double poppies.

For 60 cents I will send at least ten packets of the most beautiful "Spencers" in a full range of colors, the finest in the world of this magnificent race of Swedish Peas, including also the packet of exquisite California Nasturtiums will be added to any order for 5 cents or a full ounce for 15 cents.

Glorious Gladioli—To all lovers of the charming summer-flowering bulbs I will send at least 20 very beautiful bulbs of blooming size which will be some of the most popular and expensive named kinds. For One Dollar I will send at least 45 bulbs including some rare named kinds as premiums. Send postal for illustrated and descriptive folder containing prices and cultural directions. It's FREE. Address, EDGAR A. HIGGINS, Avoca, N. Y., WSS.

LAME EVERY MORNING
A Bad Back is Generally Worse in the Morning. Andover People are Finding Relief

A back that aches all day and causes discomfort at night is usually worse in the morning. Make a you feel as if you hadn't slept at all.

You can't get rid of kidney backache, until you reach the cause—the kidneys. Doan's Kidney Pills are especially prepared for weakened or disordered kidneys—have been gratefully recommended by thousands.

Testimony of Andover people proves the merit of Doan's. Mrs. B. Coats, Maple St. Andover, says: "About a year ago I was all run down and suffered from kidney trouble. Many times by back pained me so severely, mornings I couldn't take any rest until I got out of bed. When I did get up, my back was lame and made me feel miserable. I was very nervous and suffered from severe headaches. Doan's Kidney Pills were recommended to me and three boxes which I got from the Brundage Drug Co. gave me fine relief. Nothing else helped me like this medicine."

Price 60c. at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Coats had. Patent-Milburn Co. Mfgs., Buffalo, N. Y.

When you want to sell it put advt. in The News



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