

Andover Lodge, No. 358.  
F. & A. M.  
First and Third Mouday of each month.  
B. S. BRUNDAGE, W. M.  
H. D. SMITH, Secretary.  
Members always welcome.

FALTER J. GRENOLOS, M. D.  
Will answer all country calls.  
Office Hours: 10 A. M. to 1 P. M.  
Office: Main and Center  
Andover, N. Y.

W. O'DONNELL, M. D.  
Physician and Surgeon  
and Residence, Church St.  
ANDOVER, N. Y.

LOUGHLEN, M. D.  
GENERAL PRACTITIONER.  
Office and Residence, Center St.  
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## THE FORUM

A COMPLETE SUCCESS.

By Rev. V. L. Eggleston

To make your life a complete success, you will have to attend to a good many things, for in everything that you attempt you will find a hot competition. If you should ever open a shop or store on Main Street, Andover, or on any other Main Street, you will immediately find that business in your line is overdone. You will find that there are already too many groceries, too many dry goods stores, too many hardware stores, too many drug stores, too many book stores, too many barber shops, too many candy stores, and so on; and if you should prefer to try your luck as a mechanic you would find that there were already too many carpenters, too many machinists, too many brick-layers and so on.

Again if you aspire to success as an artist, as a preacher, as a lawyer, as a doctor or as a teacher you will find the same condition of things. You will find all the professions crowded. What then will you do? Will you give up one thing after another because there is no room for you? No, you cannot do that, for you must live. You will have to do something; you cannot be so generous as to keep out of everything for fear of hurting those who are already in it. To do that you would have to lie down and die, for whoever lives and earns his living must come into competition with many other forms of life. He must elbow his way thru a crowd. He must devour plants and animals that resist his demands and are compelled to yield and to give up their lives for his. In short he must trespass upon the earth and upon many of its products and its inhabitants, and he can only succeed where he is stronger than those he comes into contact with.

It follows from all this that the youth who sets out in pursuit of success must make himself very strong in whatever he undertakes because he will quickly encounter obstacles. He will encounter strong men, ambitious men, selfish men, and if he is not, in some way stronger than they, he will be driven off the ground and left perhaps to starve and die of neglect. In a word he will have to take care of himself or perish. This is the kind of world we live in.

And there are other respects in which he must be strong. Not only his mind must be bright and quick and practical, but his body must be sound and healthy. The sick man cannot fight and win battles. The lame man cannot work the head that aches cannot do any good thinking; the blood that is corrupted by dissipation cannot nourish and make strong. No, the successful man must be both physically and mentally sound or he will never win in the race that every living thing has to run.

Now, how do you like the picture of life I have drawn? Do you feel discouraged at the sight of it? Do you shrink back and say: "Well, I can never succeed, for all the places are taken." And will you be like a log that floats with the current and has no power of its own? Or will you be like a strong boat that is well manned and well equipped and that can stem the current and ride out any storm? I will hope that you will be like the good boat and that you will never be the victim of wind and wave.

The key word of success is mastery. Be the complete master of something. Know more about some business, or work, or profession than others do. Make yourself necessary to somebody, necessary to the success of some enterprise and then the success

of the work will be your success. There are too many who know a little about almost everything, but not much about any one thing. See to it that you know all that can be known about some one useful thing.

Supposing that you have been born with a good constitution, it will be necessary for you to take care of it every day of your life, for it will not take care of itself. All the forces of nature are against you unless you are stronger than they are. They will always be either your masters or your servants. They will do you if they can, and will only serve you if they must. You cannot even face the free open air without suitable clothing. You cannot exist without suitable food and pure air and healthful occupation. You cannot do without sleep and this must be carefully provided for in a quiet and comfortable place. None of these things will take care of themselves. You must provide for them all, and to do it you must be thoughtful every day and every hour of your life, and it will take all your good sense, all your education, all your power of self-control and self-culture to accomplish the task which nature has set before you in these respects.

It seems more and more difficult to preserve the physical health in these days. Our lives are so artificial, we have so many appetites and passions and the gratification of our many desires is attended with so many dangers. It is a hot-house life of appetite and passion that most of us lead. I will hope that you are being brought up in a plain and natural manner. I hope you are neither very rich nor very poor, tho' of the two I think I would rather see you very poor than very rich. The poor boy, who has "the making of a man" in him, will not long remain poor; he will soon find work, and no matter how low he commences on the ladder of fortune, he will at ways be climbing, and then it is such a pleasure to climb. I am sorry for the boy or girl that commences at the top of the ladder, for they never know the delight there is in climbing and in always looking down over steps that have been surmounted by one's own brave efforts. If I were asked to name the highest source of human enjoyment I should say that it was the feeling that results from conquering poverty and rising by the force of unaided effort, but this is denied to those who are raised in the lap of luxury and who are always being served instead of serving, those who possess nothing that they have earned by the sweat of the brow. He who is born to a throne may seem very fortunate; but the man in his kingdom who has toiled upward from a peasant's cabin to a moderate fortune is happier than his royal master. So, I will hope that you have more of the rounds of the ladder above you than below you and then I will hope that you may prove a good climber, stout of hand and brave of heart. Never imagine for a moment that there is no room for you up higher. It was a true answer that Daniel Webster made when a young man asked him if there was any room for new practitioners in the law.

Yes, there is always room in the upper story," replied the great statesman and lawyer. "Think of Daniel Webster, being without clients. There were many lawyers in his day, but what was that to him? What is it to the high grade man in any profession, in any business, that there are already too many in it? If he has chosen his profession wisely and made himself one of the very best in his line and then has the agreeable ways and the sound health and the steadfast purpose he is as sure to rise in due time as the morning sun is to rise in the east.

Of all things that I would wish

you to know and remember, is that the way to success is open to those who make themselves the very best in their line of work and that the great question with you and everyone else, what sort of a man are you and what more can you make of yourself by study, by diligence, by level-headed common sense in all things, for by this standard will you later on be judged.

Business has always been the great feature upon which nations have built and thrive in the onward march of civilization. It leads and conquers the world without staining its hands in human blood. Without business and business men, the world's civilization would soon degenerate and barbarism take its place. Most of the world's rich men have started in life with no other capital than their brains; therefore, the lack of capital should deter no ambitious man from striking out for himself in the business world. The smallest beginning backed by honest ambition, firm determination, thorough knowledge, and a willingness to work, almost invariably spells success.

## Food Question Box

These are some of the questions women are asking on food problems. They are answered by the Department of Home Economics of the State College of Agriculture at Cornell University thru the Allegany County conservation agent. Address inquiries to the Food Question Box, The Andover News, in care of County Conservation Agent, Belmont, N. Y.

1. Why should we use rye or buckwheat flour when wheat flour is just as cheap?  
Wheat flour is comparatively cheap because the Food Administration has regulated the price of wheat. Wheat is needed by our allies and our soldiers abroad. The supply is limited so that if they are to have it, we must cut down our consumption. We are asked to use other flours in order that there may be enough wheat to send abroad. When we face the facts squarely, there is not an American woman who will not do her part toward winning the war.

2. Is it unpatriotic to serve afternoon tea?  
We are asked not to eat between meals. Afternoon tea usually calls for an extra use of sugar, and oftentimes uses up wheat flour in cakes and sandwiches. It is usually a wasteful meal and therefore unpatriotic.

3. Is graham bread a war bread?  
There has gone broadcast over the United States a feeling that graham bread or whole wheat bread is the thing to eat on "Wheatless Day." Graham bread is a wheat bread. In fact it has more of the original wheat grain in it than our ordinary white bread. Therefore, it is not a War Bread. Corn, potato, barley, rice, oats, rye flour, buckwheat flour, all make true war breads.

4. What are some of the substitutes which may be used for sugar?  
Substitutes for sugar include: honey, maple syrup, corn syrup, sorghum and molasses.

W. S. S.  
Mrs. Edward Ketchum of Bellona, who recently visited relatives of Gorham where it was supposed several cases of smallpox existed, is critically ill at her home with this disease. There are two cases at Stanley and one at Millport, one or more in the vicinity of Gorham, while scores of people who have visited these places have been vaccinated in the past few days.  
George E. Hogue of Arcade, Wyoming county, recently appointed chief of the dairy bureau which is part of the recently organized state division of agriculture, department of farms and markets, is well known to farmers throughout Western New York. Mr. Hogue will give his full time to the supervision of dairies in this state, his salary being \$4,000 a year.

Retail merchants of Byram used a meeting decided to continue the existing wage of all employees during the 10-week period in the Garfield order. Wage earners will be asked, in return, to devote at least a part of each Monday to volunteer service that will help win the war.

A new way to help increase food production was brought to the attention of Governor Whitman in his capacity as chairman of the state defence council. A letter from Princeton, N. J., reported that they are growing vegetables instead of flowers in their greenhouses.

A plan to form an army of women to work on the farms of the state was announced in Albany by Mrs. H. C. Campbell, a farmer's wife of Melrose. She said it is backed by the national year of defense, the Y. W. C. A., the National Field and Garden club and the Women's University club of New York.

W. S. S.  
NOTICE TO PRESENT CLAIMS  
NOTICE is hereby given to all persons having claims against Jacob Hand, late of the County of Allegany deceased, pursuant to an order of Hon. Eli Reynolds, Surrogate of the County of Allegany, to present the same with vouchers thereof to the subscriber at the office of Jesse L. Grantier, Wellsville, N. Y., on or before the 25th day of May, 1918.  
Dated, November 10, 1917.  
WILSON RA HAND,  
JACOB HAND JR.,  
Administrators.

JESSE L. GRANTIER  
Attorney for Administrators  
Wellsville, New York.

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FOR SALE - To Settle Estate. John M. Greene Estate Farm, 252 acres on the Independence road. Sell all or half. Cheap if taken at once. Inquire of Clayton C. Greene, Administrator, or C. L. Earley, Andover, N. Y.

## New York Mothers, Prepare for Trouble!

When a girl becomes a woman, when a woman becomes a mother, and when a woman passes through the changes of middle life, are the three periods of life when health and strength are most needed to withstand the pain and distress often caused by severe organic disturbances. Many thousands in New York would testify just as do the following:

RUFFALO, N. Y. - "During expectancy I took Dr. Pierce's Favorite Prescription and found nothing to help me as it did. It kept me well all of the time I would advise all prospective mothers to use Dr. Pierce's Favorite Prescription." - Mrs. M. Mixer, 295 Grey Street.

CEASING, N. Y. - "Some years ago I was suffering from nervous headaches, blood disorders and with severe pains in my back. I was constipated most of the time and bilious. Some one handed me a little book calling attention to Dr. Pierce's Family Remedies. I bought a bottle of the Prescription. After I had used half the bottle I noticed marked improvement in my appetite and my food digested better. I grew better and stronger in every way and am glad to tell other sufferers of it." - Mrs. SAMUEL J. BURR, 37 River Street.

## NOTICE TO CREDITORS

Pursuant to an order of Hon. Eli Reynolds, Surrogate of the County of Allegany, N. Y., notice is hereby given to all persons having claims against Catherine Walker, late of Andover, Allegany County, New York, deceased, to present the same with the vouchers thereof, to the undersigned Executor at the office of Jesse L. Grantier, Wellsville, N. Y., at 103 N. Main Street, on or before the 15th day of July, 1918.

Dated January 3, 1918.  
DANIEL D. WALKER,  
27  
Executor.

## GOOD SUBSTITUTE FOR DAILY PAPERS

Since the raise in the price of the Buffalo daily papers many have felt forced to stop them and are now without any daily paper. We have to offer a substitute for the daily paper which we claim is just as good as far as national issues are concerned. While you will get very little from it about local and Western New York news you will find that the national news is covered thoroughly. The great war in Europe, or Stage and National Government and the very best of editorials, interestingly written on the question of the day.

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