

**A LEADER OF SWELLS.**

**HOW WARD McALLISTER WON HIS FAME.**

Lawyer and Fond of Genteel Society, He Established an American Aristocracy—New York's Four Hundred and How It Was Made Up.

It was his statement that New York society consisted of four hundred people that made Ward McAllister a national character, whose name soon spread to Europe and made him a more unique personality than civilization in its slow evolution had hitherto produced.

Ward McAllister was the product of New York conditions, and he was proud of the factors that made and kept him prominent. He fitted into the tastes and peculiarities of no other community. He was the offspring of the metropolis in which he lived for thirty-five years.

He never made any mistake with regard to his own talents and functions. To estimate him as a literary man, as a thinker, a reformer, a doctrinaire, is manifestly unjust, for there is even in his writings a continual protest against such judgments.

He was a social, not an intellectual influence. He had a profound belief in a really good society, in the social sense, must be founded, even in a republic, on something better than mere wealth; that it must have character, distinction, conservative cohesion, and must be in a sense exclusive. He has said over and over again that what is known to us as the best society does not get its warrant from birth or from money, but from the ability to separate itself from everything that is vulgar and ignoble, and to exercise with absolute independence the privilege of refusing to associate with anything that did not come up to its own standard—no matter how arbitrary that standard might be.

He was the spokesman of this set. Self elected, perhaps, but tolerated, recognized and looked up to by the set itself.

He rode into popular recognition on a phrase. And his limitation of the genuine society of New York to "four hundred" was the first intimation of his set views of the exclusiveness of that society. He was travestied and abused a great deal for that phrase, but although he defended it with modifications afterward, he never for a moment gave up the conviction that it embodied.

His authority for so many years as a master of ceremonies was the result, first of a somewhat variant and confused notion of "proper form" in our society, and, second, of the absolute need in all fashionable functions of an expert who had made a study of details, who knew to perfection just where the cross currents of the different sets touched, and who could with masterful adroitness bring together the right people and so manipulate the function that everybody would feel at ease and know that the viands and the wines and the service were invisibly selected and consummately handled.

He was a member of various clubs, a connoisseur in wines, a gourmet and an arbiter of elegance. His name was known to everybody within the portals of society, and his good offices were sought by those who desired admission to the charmed circle, but the multitude had never heard of him.

Through him all news about the great subscription balls had been given to the public, and to him a reporter went one day in the spring of 1888 to obtain information about the number of persons who actually composed New York society. Mr. McAllister separated in his mind the 400 sleep from the million and three-quarters of goats and gave the facts to the world.

The public was amused and surprised. Nobody had imagined that New York's society was composed of so limited a number. The interview was published throughout America, and was made the subject of comment and criticisms all over the world, and Mr. McAllister was famous. "The upper ten," the approved abbreviation of "upper ten thousand," fell into vogue, and the "four hundred" became the conventional designation of the conventional designations of New York society.

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**This limitation of society took a firm hold on the imagination of the people at large, and the sensation it created did not die out in a day.**

The endless discussion of Mr. McAllister seemed to please him. A flattering offering was made to him to write a book. The ridicule that followed the publication of "Society As I Have Found It" did not discourage him in the least. He continued to write about his set, and consequently furnished his prestige to some extent with those who had formerly looked to him for their social law.

Although recognized as the great society leader, Mr. McAllister was not particularly fastidious about his attire. He usually wore sack coats in the street, and was not "dandified." He was stout, weighing probably 200 pounds, and about 5 feet 10 inches tall. He was quite bald; his hair was light brown and inclined to be curly, his heavy mustache and imperial sandy and streaked with gray. His eyes were blue and shaded by thick eyebrows.

He was born in Georgia more than sixty years ago. His grandfather was chief justice of the State, and his father a judge of the United States circuit court. Ward McAllister was admitted to the bar in California in 1851, and for a time practiced law with his brother, Hall McAllister, who subsequently became the leading lawyer of the Pacific slope.

**HOW TO RIDE A BICYCLE.**

**Hints That Will Prove Useful to a Beginner.**

The proper position for a bicycle rider is, in the first place, an upright one. He should push nearly straight downward with his legs—not backward, as one must do who leans far forward. His arms should not be rigid and extended to their full length, but a little bent, and the handles can be easily adjusted to bring this about. The reason for the bent or slightly bent arm is evident after a moment's thought. If the arm is stiff, rigid and extended to full length the pull which you give the handles on going up hill or, indeed, while running along a level road, is a dead pull. There is no life in it. Each jar to the machine is a jar to your body, your head and neck, and consequently a jar to your whole system.

On the other hand, if you ride with the arms a little bent, and acting as a kind of buffer to all jarring influences, they will save you an injurious though unnoticeable shaking up each time you go out. The only way in which you will notice a change will be after you have become accustomed to the bent arm method. Then you will find you can ride longer without becoming tired.

Another feature of this stiff arm is the position into which the shoulders are thrust. Try it; grow a little tired with a long ride and then see where your shoulders are. You have gradually come to lean on your arms for rest. Both shoulders have been thrown far back; your head and neck are stretched far forward, and your chest has, so to speak, sagged forward out of its natural position. Keep this up long enough and you will be a fine looking specimen.

No; the weight of your body should never come on the hands and arms, but on your thighs, and thence be transferred to the seat, with the unconscious springy action of your legs, which in a measure allows some of your weight to come on the pedals. In this position your hands are free to guide your wheel; your body is erect; you do not then get into the habit of swaying from side to side to put more weight first on one side and then on the other, and your whole muscular movement is regular and normal. Try riding without putting either hand on the handles and sitting erect. If you ride well you can easily keep your balance, and in an instant you will be in the correct position. Once in this position place the hands lightly on the handle bars and you will be in a healthy, a proper situation to gain benefit from your riding.

In riding ten miles, for example, I should never go the whole distance at one pace. Slow, steady riding has its merits, so has sprinting for short distances. When a good clear road looms up ahead have a brush for two or three hundred yards with the boy who is with you. These little races are good things. They quicken your movements, and they keep you from forming bad habits or letting your body sag into set, immovable positions. They also bring the muscles into a different kind of play.

In fact, in bicycle riding as in about everything else, you should remember that there is a right and a wrong way; that you need not only endurance but speed, and that changing from one to another, keeping up variety, is one good way of avoiding bad habits.

**The Aristocracy Smuggling.** Even members of the British aristocracy take an occasional turn at smuggling. Last week Southampton magistrates fined Lady Fitzgerald \$350 and costs for having eighty pounds of tobacco and a quantity of port wine spirits concealed among the baggage she had brought with her from Jersey.

**The Original Blowout.**

"You have often heard the expression, 'We had a great blowout last night' used in connection with a dance or some sort of amusement," said a gentleman yesterday. "Do you know the origin of the word blowout? No? Well, I'll tell you of it. Away back in the '30s the cotton mills at Lowell, Mass., were furnished with operatives from the families of the farmers living about the town. The sons and daughters of the sturdy farmers held positions in the mills, and coming from such good old stock there was a sort of social spirit developed among the employes which is not found in factories in these days. From the factories of Lowell some prominent people have come. Helen Hunt Jackson was employed there at one time.

"The hours were long, and in winter time lamps had to be provided to give light to the workers. It was before the days of kerosene, or, as they used to pronounce it when it did come out, 'kerosen,' with the accent on the 'o.' Whale oil lamps were burned. They were lighted on November 1 regularly every year, and their use was dispensed with on May 1. It was the operation on this latter date that originated the word blowout. When the bell sounded on this day to quit work all lamps were blown out simultaneously, not to be lighted again until November. This was called the 'blowout,' and after this a dance or supper would be given, which at first was called the 'blow-out dance,' or 'blowout supper,' until finally any festivity attending the extinguishing of the lamps for the year was called 'the blowout.' So the word blowout was originated."

**AN ALPENA MIRACLE.**

MRS. JAS. M. TODD, OF LONG RAPIDS, DISCARDS HER CRUTCHES.

In an interview with a Reporter She Reviews Her Experience and Tells the Real Cause of the Miracle. (From the Argus, Alpena, Mich.) We have long known Mrs. Jas. M. Todd, of Long Rapids, Alpena Co., Mich. She has been a sad cripple. Many of her friends know the story of her recovery; for the benefit of those who do not we publish it to-day.

Eight years ago she was taken with nervous prostration, and in a few months with muscular and inflammatory rheumatism. It affected her heart, then her head. Her feet became so swollen she could wear nothing on them; her hands were drawn all out of shape. Her eyes were swollen shut more than half the time; her knee joints terribly swollen and for eighteen months she had to be held up to be dressed. One limb became entirely helpless, and the skin was so dry and cracked that it would bleed. During these eight years she had been treated by a score of physicians, and has also spent much time at Ann Arbor under best medical advice. All said her trouble was brought on by hard work and that medicine would not cure, and that rest was the only thing which would ease her. After going to live with her daughter she became entirely helpless and could not even raise her arms to cover herself at night. The interesting part of the story follows in her own words:

"I was urged to try Dr. Williams' Pink Pills for Pale People and at last did so. In three days after I commenced taking Pink Pills I could sit up and dress myself, and after using them six weeks I went home and commenced working. I continued taking the pills, until now I begin to forget my crutches, and can go up and down stairs without aid. I am truly a living wonder, walking out of doors without assistance.

"Now, if I can say anything to induce those who have suffered as I have, to try Pink Pills, I shall gladly do so. If other like sufferers will have reason to thank God for creating men who are able to conquer that terrible disease, rheumatism, I have in my own neighborhood recommended Pink Pills for the after effects of a gripe, and weak women with impure blood, and with good results."

Dr. Williams is very strong in her faith in the curative powers of Pink Pills, and says they have brought a poor, helpless cripple back to do her own milking, churning, washing, sewing, knitting and in fact about all of her household duties, thanks to Dr. Williams' Pink Pills.

Dr. Williams' Pink Pills contain all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are for sale by all druggists, or may be had by mail from Dr. Williams' Medicine Company, Schenectady, N. Y., for 50c. per box, or six boxes for \$2.50.

**Beware of Ointments for Catarrh that Contain Mercury.** as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure to get the genuine. It is taken internally, and is made in Toledo, Ohio, by F. J. Cheney & Co. Trial bottles free. Sold by Druggists, price 75c. per bottle.

The average duration of human life is thirty-three years.

Dr. Kilmer's SWAMP ROOT CURE cures all Kidney and Bladder troubles. Pamphlet and consultation free. Laboratory, Blountstown, N. Y.

In Illinois there are 647 flour mills, with a capital of \$18,000,000. Like Oil Upon Troubled Waters is Hale's Honey of Horehound and Tar upon a cold. Pleasant Toothache Drops Cure in one minute.

Karl's Chloroform is the great blood purifier, gives freshness and clearness to the complexion and cures constipation. 25cts., 50cts., \$1.

Winstow's Soothing Syrup for children teething, softens the gums, reduces inflammation, always pain; cures wind colic. 25c. a bottle.

For Whooping Cough, Whooping Cough is a successful remedy. N. B. BURGILL, 47 Third Avenue, Brooklyn, N. Y., November 14, 1893.

**Do You Wish the Finest Bread and Cake?**

It is conceded that the Royal Baking Powder is the purest and strongest of all the baking powders. The purest baking powder makes the finest, sweetest, most delicious food. The strongest baking powder makes the lightest food.

That baking powder which is both purest and strongest makes the most digestible and wholesome food.

Why should not every housekeeper avail herself of the baking powder which will give her the best food with the least trouble?

Avoid all baking powders sold with a gift or prize, or at a lower price than the Royal, as they invariably contain alum, lime or sulphuric acid, and render the food unwholesome.

Certain protection from alum baking powders can be had by declining to accept any substitute for the Royal, which is absolutely pure.

**Father of Arithmetic.** Annaberg, in Saxony, is sure of a place in the world's history, if for no other reason than it was the home of Adam Riese, the father of arithmetic, and the town council is preparing to raise an elaborate monument to his memory. Riese was a contemporary of Luther, though quite another stamp of man. He was born in Bavaria, but became a miner in the Saxon Erzgebirge, and afterward set up a school. There he published the first series of books in German for training the young in the art of reckoning and the mysteries of weights and measures. He had four sons, and they all took naturally to figures and continued their father's work after his death in 1559. The result was that the Riese name was the bete noir of the German school-boy for more than two hundred years.

Two men in Mississippi had a fight in a room. One threw the other out of the window, and, thinking he had killed him, jumped himself. They fell a distance of thirty feet and neither was hurt. U8

It is estimated that over \$100,000,000 are invested in cotton mills in the South.

**BEECHAM'S PILLS**

(Vegetable) What They Are For

- Biliousness
- indigestion
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- dyspepsia
- bad taste in the mouth
- pimples
- sick headache
- foul breath
- torpid liver
- bilious headache
- loss of appetite
- depression of spirits

when these conditions are caused by constipation; and constipation is the most frequent cause of all of them. One of the most important things for everybody to learn is that constipation causes more than half the sickness in the world, especially of women; and it can all be prevented. Go by the book, free at your druggist's, or write B. F. Allen Co., 365 Canal Street, New York. Pills, 10c. and 25c. a box.

Annual sales more than 6,000,000 boxes. Military shoes in the thirteenth century were tipped with a steel pike, which the knights used as an offensive weapon. More than one man was killed by a kick from these iron clad boots.

There are 18,740 Hour mills in the United States. Chicago street railway companies are capitalized at \$36,000,000.

**Farmers SEND YOUR Produce TO F. I. SAGE & SON, 183 Reade St., N. Y.** Receivers of all kinds of Country Produce, including Game Live and Dressed Poultry and Dressed Calves, Specialties: Berries, Apples, Pears, Honey, Onions, Potatoes and Butter. Correspondence and Consignments solicited. Stocks furnished. References: Dun's or Bradstreet's Commercial Reports to be found at any bank.

**WALTER BAKER & CO.** The Largest Manufacturers of PURE, HIGH GRADE COCOAS AND CHOCOLATES. On this Continent, have received HIGHEST AWARDS from the great Industrial and Food EXPOSITIONS in Europe and America. Unlike the Dutch Process, no Alkalies or other Chemicals or Dyes are used in any of their preparations. Their delicious BREAKFAST COCOA is absolutely pure and soluble, and costs less than one cent a cup. SOLD BY GROCERS EVERYWHERE. WALTER BAKER & CO. DORCHESTER, MASS.

**Consumption** was formerly pronounced incurable; Now it is not. In all of the early stages of the disease **Scott's Emulsion** will effect a cure quicker than any other known specific. Scott's Emulsion promotes the making of healthy lung-tissue, relieves inflammation, overcomes the excessive waste of the disease and gives vital strength. For Coughs, Colds, Weak Lungs, Sore Throat, Bronchitis, Consumption, Scrofula, Anemia, Loss of Flesh and Wasting Diseases of Children. Buy only the genuine with our trademark on salmon-colored wrapper. Send for pamphlet on Scott's Emulsion. FREE. Scott & Rowne, N. Y. All Druggists. 50 cents and \$1.



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