The victory of iscovery of the ideal disinfectants, considered the great triumphs of nodern mediciae. They have made ygiene and sanitary measures to prooct health possible, and they open up new avenue for combating disease method. erms. But the great point that is porthy of understanding is that the The cold open in the it some for vitiated nticeptic is based upon salt, primari-, Salt in some of its forms is then he great disinfectant which nature applies. We find it nearly everyhere, and its value as a health preefvalive is just being realized. se salt on our ment to flavor it, but cally to make it more acceptable to he stomach, where the meat under-

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084 a remarkable change. Sait on it because the revents souring, and the sudden derelopment in us of direase germs. ory means of en fire. But ent warmth colder parts Similarly salt in all our food nets as a paritier. Horses and cows never do well unless sait is fed to them occaionally. Their systems become run re in winter lown and sickly if it is denied to ws of health people live i beyond the winter. An But salt as a purifier of the earth can be carried further than simply as degrees. Yet at the enor.

mities and the

ningredient of our food to make it more acceptable. It is a medicine, a nineral possessing medicinal properies of high order. The mineral waters are generally highly impregnated with salt, and many of them owe their beneficial results almost entirely to this. In hot weather salt drinks are valuable in keeping off diseases. Salt baths introduce the salt into the system through the pores of the skin. In fact, those who take salt baths winter and summer are freer mm disease than those who dose hamselves with drugs. Salt until it ecomes nauseating to the taste should be taken internally and externally in the shape of baths the year round. During the fall and spring, when the weather is changing, it is especially beneficial .-- [Yankee Blade.

The Ant-Bear.

An effort is to be made in Cape Colmy, South Africa, to prevent the threatened extermination of that curious but useful quadruped, the aardvark, or ant-bear, which is one of the very best friends of the white colohists, although they have only lately been induced to believe it. Its food is the white ant, which does enormous mitchief to the crops. Against these pests the bear wages ceaseless warfare, digging out their nests and destroying them in countless numbers. Unfortunately, the natives are especially fond of ant-bear meat, which resembles a very good quality of pork, and also hunt it for its hide, which is worth about \$4 in the market. Time, however, is already beginning to work out the aardvark's revenge. white aut is increasing with ominous rapidity, and the farmers' associations are in a state of considerable alarm. They are demanding protection for the ant-bear, and that harmless cres-^{ture} may yet survive to enjoy a season of great prosperity and peace.

"The Hule Blowed Fust."

Babe Boston's mule was sick and a beighbor advised him to administer alomei.

"How will I get it into him?" asked

"Put it in a quill, put the quill in his mouth and blow it down his threat," responded the neighbor.

A few days later the neighbor met bim. Babe was as thin as as rail; he looked right green and was all doubled

"What's the matter with you?" ssked the neighbor.

Babe placed his hand pathetically over his stomach, gave a sigh like a blacksmith's bellows with a hole in it and replied .

"The mule blowed fuet."

Milk as a Dressing for Wounds. Milk has been found to contain remarkable healing qualities if applied to wounds in an early stage, and extellent results have been obtained by its use in the dressing of burns. Compresses are soaked in milk and laid on the burn, to be renewed night and morning. An extensive burn has in this way been reduced in three days to one-quarter of its original size. Another burn, which had been treated for eight days with olive oil and oxide of tiac, healed rapidly under a milk breaking ... [Detroit Free Free.

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The Prizes offered for the Serial Competition of 1892 were the Largest ever given by any periodical.

First Prize, \$2,000. Larry: "Aunt Mat's" Investment and its Reward: by . Miss Amanda M. Douglas. Second Prize, \$1,000. Armajo; How a very hard Lesson was bravely Learned; by Charles W. Clarke. Third Prize, \$1,000. Cherrycroft; The Old House and its Tenant; by Miss Edith E. Stowe (Pauline Wesley). Fourth Prize, \$1,000. Sam; A charming Story of Brotherly Love and Self-Sacrifice; by Miss M. G. McClelland. SEVEN OTHER SERIAL STORIES, during the year, by C. A. Stephens, Homer Greene and others.

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will be described in graphic language by Officers of the United States Army and by famous War Correspondents.

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What are you going to do? These and other similar articles may offer you some suggestions.

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